



Many Hearts, One Voice
24th May 2019



Our Lady of the Cape Primary School is a community where each child is valued as an individual and nurtured spiritually, by many hearts working together as one voice to fulfil their overall potential.

Important Dates

Mon 27 – Fri 31 May
Reconciliation Week

Mon 27 – Tue 28 May
• Insect Man Incursion
• PP – Y3

Tue 28 – Wed 29 May
• Kindy Screening

Wed 29 May
• AFL Football Clinic Y3/Y4

Thu 30 May 1.30pm
• Kitchen Garden Busy Bee

Fri 31 May
• Whole School Mass
• Busselton Jetty Incursion Y4-6

Mon 3 June
• Public Holiday

Tue 4 June
• Pupil Free Day
• Catholic Day

Wed 5 June
• Buddy Mass Y1 & Y6
• Basketball Clinics

Fri 7 June
• PPB Performance Assembly
• Busselton Jetty incursion Y2 – Y3
• Y4 Ngilgi Cave Tour 11.30am

For more dates, go to
<https://www.ladyofcape.wa.edu.au/calendar.php>

Note: dates are subject to change and the calendar should be checked regularly.

Holy Father, God of Love,
You are the Creator of this land and of all good things.
We acknowledge the pain and shame of our history
and the suffering of our peoples,
and we ask your forgiveness.
We thank you for the survival of indigenous cultures.
Our hope is in you because you gave your Son Jesus
to reconcile the world to you.
We pray for your strength and grace to forgive,
accept and love one another,
as you love us and forgive and accept us
in the sacrifice of your Son.
Give us the courage to accept the realities of
our history
so that we may build a better future for our
nation.
Teach us to respect all cultures.
Teach us to care for our land and waters.
Help us to share justly the resources of this land.
Help us to bring about spiritual and social change
to improve the quality of life for all groups in our communities,
especially the disadvantaged.
Help young people to find true dignity and self esteem by your Spirit.
May your power and love be the foundations
on which we build our families, our communities and our nation,
through Jesus Christ our Lord. Amen



Dear Parents and Members of the Community,

As part of our promotions campaign for new enrolments for kindergarten and other classes for 2020, we are offering an information session on Friday 14th June at 1.45pm in the hall, followed by afternoon tea and school tours.

At this information session, those attending will hear brief presentations from the members of our Leadership team outlining the quality learning programs and pastoral care innovations offered in our school. We will also introduce our new Strategic Plan for the next three years. Following the presentation we will conduct a question and answer session.

Our Lady of the Cape Catholic Primary School
PO Box 562, 245 Cape Naturaliste Rd, Dunsborough WA 6281 Tel: 08 9781 3200
Web: www.ladyofcape.wa.edu.au Email: admin@ladyofcape.wa.edu.au
Newsletter: newsletter@ladyofcape.wa.edu.au
Staff firstname.secondname@cewa.edu.au

Our target audience is any new families who may be considering our school as their school of choice. However, our existing families and community members would also find the sessions very informative. What would be ideal is if our school families could "bring a friend" to hear about and tour our excellent school.

We are currently putting the finishing touches on a flyer and an advertisement to promote this initiative. Once this is complete I will email one to all families so you can send it on to any of your friends or contacts who might be interested in our school.

Preparations for Next Term

Our new Principal will be visiting the school again on Monday 10th June to continue with the handover process, meet with the rest of the staff and attend a P&F meeting at 9.00am to meet the members of the P&F and School Board. I encourage all class reps and community members to come along to meet Eugene.

Miss Amy McPharlin was also with us on Tuesday and Wednesday of this week to work with Mrs Sherborne and the class on the handover ready for the start of next term. Amy really appreciated the opportunity to meet everyone and to get to know the students and found the visit very beneficial.



To Isabella Bidesi who represented the school at the WA All Schools secondary school championships competing against 140 year 6 and year 7 girls across the state.

She made the top 10 and qualified for state team selection. She was the top placed student from the south west. Well done Isabella!

Catholic Day – Tuesday 4th June

Just a reminder that the Catholic Day will be on **Tuesday 4th June**, following on from the WA Day public holiday. The students will return to school on Wednesday 5th June.

Kitchen Garden Busy Bee – Thursday 30th May 1.30pm

There will be a busy bee next Thursday to tidy up the kitchen garden and to complete some general gardening elsewhere in the school. Please bring garden forks, mattocks, gloves and weeding tools. My thanks to Kristie Chapman for rounding up some volunteers. Additional helpers would be very welcome.



God bless,
Des Wilkie,
Principal

OLC Strategic Plan 2019 – 2021

We are very pleased to announce the new OLC Strategic Plan has been completed and is now in circulation on the school website.

Some key focus areas for the school over the next 3 years include:

1. Provide opportunities to focus on multiculturalism and inclusivity of cultures and religions.
2. Development and implementation of a whole school Vision for Learning.
3. Develop an understanding of student and teacher mental health and well-being.
4. Increase awareness of sustainability and whole school sustainable practices.

One aspect of our Strategic Plan is our **Collective Ambition** which clearly and professionally outlines our purposes and promise as a school.

For the complete plan, please go to <https://www.ladyofcape.wa.edu.au/strategic.html>

OUR COLLECTIVE AMBITION



URStrong - The Language of Friendship – Wednesday June 26th 2019

Places are filling quickly for this parent-child workshop presented by Dana Kerford Founder of URSTRONG and Friendship Expert.

"Internationally-recognized friendship program that empowers children with the skills, language, and self-confidence to be better friends and develop healthier relationships."

See more details further in this newsletter and don't miss out on this terrific opportunity.

NAPLAN Online 2019

Despite the media attention over NAPLAN online, here at OLC we've had no interruptions or student delays with testing. Our Year 3 and 5 students were very calm and we are very proud of the way they completed their testing.

All the new additions and differentiated tests that NAPLAN online provided were all greatly recognised and appreciated.

Great thanks again to Paula Murphy, Sean McSevich and Ben Danaher for preparing the students and learning the new digital approaches so well.

Digital Technology

On Tuesday 21st May Mrs Delane and Mrs Ricciardone attended a Digital Technology PD in Bunbury, to help support the one-to-one program taking place in the upper primary. The content for this day placed a large focus on using OneNote and Teams effectively to enhance the learning of the students. On return the teachers were equipped with many new ideas and strategies to implement within their classroom to ensure the laptops are being used in a meaningful, effective and creative way to innovate and cater for different learning styles.

Leadership Day - Professional Development

Last Friday, Amie Meyer, Julie Birch and I began a new leadership course offered by CEWA title: **We're in this together: Leading in complex times.**

Day 1 included strategies and approaches to enable us to learn more about our own leadership styles and strengths as well as staff and student well-being. We look forward to the next three days that will occur over the remainder of the year.

Adrian Torrese,
Assistant Principal

URSTRONG

☆☆ THE LANGUAGE OF FRIENDSHIP ☆☆

Internationally-recognized friendship program that empowers children with the skills, language, and self-confidence to be better friends and develop healthier relationships.

Through interactive parent and child activities, parents will learn strategies to help their child put out Friendship Fires®, how to put a voice to their feelings, and the best ways to support their child through unhealthy friendships.

☆☆ Wednesday, June 26th, 2019 ☆☆

LANGUAGE OF FRIENDSHIP

Students in Year 1 to 6 plus parents

Tickets are \$27.50 per person

5:30 pm to 7:00 pm

[REGISTER HERE](#)

Location
Our Lady of the Cape Primary School
245 Cape Naturaliste Road, Dunsborough, WA

Registration Required!
Tickets to the workshops include a handout and an opportunity to ask questions one-on-one.

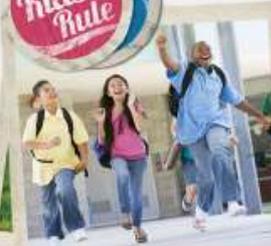
To register please visit:
www.urstrong.com/events

To learn more about URSTRONG programs please visit
www.urstrong.com or email info@urstrong.com.

 Dana Kerford
Founder of URSTRONG and Friendship Expert

OLC Parents:
Use the coupon code OLC to receive a discount of \$15 per ticket!!

 Kids Rule



Empower kids!

Catholic Community Corner



MAKING JESUS REAL

It is so affirming to hear how our students are demonstrating the Spirit of Jesus in their day-to-day actions. Previously we have asked staff to nominate students for recognition, but this term we have also invited students to nominate each other when they see Jesus in each other. This week, I thought I'd share our winners and what they were nominated for:

MEELUP WINNER: Ruby Eastaugh

Nominated By: Mr. Torrese

For: Taking Xavier's H's hand to safely walk down the steps to the Sloan Drive pick-up lane.

NATURALISTE WINNER: Zahra Love

Nominated By: Mrs. Delane

For: Kindly helping me to prepare some resources for my Year 4 students for their First Eucharist.

GEOGRAPHE WINNER: Savannah Van Es

Nominated By: Sophie Corrigan

For: Helping a Year 1 student to find their money when they dropped it outside the Book Fair.

LEEWIN WINNER: Violet Cliff

Nominated By: Maisey Coyle

For: Offering to help and picking up a classmate's crunch and sip which spilled, which was so kind!

MAMA CC WINNER (THE MOTHER Cape Crusader): Maxwell Blechynden.

Nominated By: Mrs. Meyer

For: Showing generosity to others when he offered his pocket money to a friend who did not have any during the OLC Book Fair.

What wonderful ways to be just like Jesus! Seeing people looking out for others is what makes OLC such a special place. Congratulations to all our winners and nominees!

FACTION TOKEN TALLY

Students are rewarded with tokens for demonstrating the Spirit of Jesus, following the school rules and for demonstrating our school values of **Compassion**, **Appreciation**, **Respect** and **Excellence**. The tokens have been tallied and we have a tie for free dress day next Friday! Congratulations Meelup and Naturaliste!



LEEWIN	MEELUP	NATURALISTE	GEOGRAPHE
454	501	501	428

WHOLE SCHOOL MASS – SCHOOLS NATIONAL SORRY DAY

The Australian **Schools National Sorry Day**, 'Sharing the journey of healing' is a great way to begin Reconciliation Week, which begins from Monday. It celebrates the apology by former Prime Minister, Kevin Rudd, to the Stolen Generations on 13 February 2008. 'Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples'. In recognition of this important event, we will be celebrating a whole school liturgy this **Friday 31st May** in the OLC Hall from 9.00am. This will be led by our Year 5 and 6 students, and we would love to see parents join us for the occasion.



NEVER SEE A NEED WITHOUT DOING SOMETHING ABOUT IT

Earlier this week I put out the call for assistance for a family in need. Thank you to those people who have responded. Please continue to pray for those in our community who are struggling daily.



RETIREMENT FAREWELLS FOR MR. WILKIE AND FR. IAN

With the retirement of both Mr. Wilkie and Fr. Ian scheduled for the end of the term we would like to invite you to our farewell celebrations for both inspiring gentlemen.

Please join us for a farewell prayer assembly for **Mr. Wilkie** on **Friday the 28th June** at **1.30pm** in the OLC hall. This will be an opportunity to celebrate Mr. Wilkie's distinguished career in education and will be followed by an opportunity for OLC families to stay for afternoon tea and to say goodbye. We anticipate the afternoon tea commencing at 2.15pm and finishing in time for end of day pick up of children. We would love to see you there! Please RSVP by 21st June for catering purposes.

We will also celebrate a **retirement mass** for both Fr. Ian and Mr. Wilkie on **Tuesday the 2nd July**, which will be presided over by Vicar General Fr. Tony Chiera from 1.30pm in the school hall. Please see the invitation below and RSVP by the 25th June for catering purposes for this very special event.

Have a brilliant weekend everyone!

God Bless,

Mrs. Amie Meyer
OLC RE Coordinator

Good Bye and Good Luck!



Our Lady of the Cape Primary School warmly invites you to celebrate the retirement and farewell of our school Principal

Mr. Des Wilkie

On Friday, June 28, 2019

1.30 p.m. Prayer Service, followed by afternoon tea.

Our Lady of the Cape Primary School Hall:

245 Cape Naturaliste Road, Dunsborough.

Additional parking on Sloan Drive & the school oval.

Please RSVP for catering purposes by June 21st to:

Amie Meyer 97 813 200 or

amie.meyer@cewa.edu.au

OUR LADY OF THE CAPE PRIMARY SCHOOL
&
OUR LADY OF THE SOUTHERN CROSS PARISH
WARMLY INVITE YOU
TO CELEBRATE A COMBINED RETIREMENT MASS FOR

Fr Ian Johnson

&

Des Wilkie

TUESDAY, JULY 2, 2019

1.30 P.M. MASS

FOLLOWED BY AFTERNOON TEA.

OUR LADY OF THE CAPE PRIMARY SCHOOL HALL
245 CAPE NATURALISTE ROAD, DUNSBOROUGH

ADDITIONAL PARKING ON SLOAN DRIVE & THE SCHOOL OVAL
PLEASE RSVP FOR CATERING PURPOSES BY JUNE 25TH TO:

AMIE MEYER 97 813 200

OR

AMIE.MEYER@CEWA.EDU.AU

BOOK FAIR SUCCESS!



We had an amazing response to this year's Book Fair with nearly **\$5,000** worth of books and merchandise sold over two days! Amazing! We sincerely thank OLC families for supporting the book fair and making it such a huge success. As a result of your contributions the library earned a commission of **\$1,500** to purchase more books for your children. A special note of thanks goes to Mrs. Kemp and Mrs. Nuttman who helped to set up, pack away and run the book fair. Also, thanks to the OLC families who purchased books to donate to the school. Your generosity is most appreciated.

Kind regards, **Amie Meyer & Mary-Lee Kemp.**

Uniform Shop Sale

Tracksuit Pants: \$25

Tights \$4

Hats \$40

Jackets \$40

Cotton Shorts: \$3

Second hand items can be purchased any time – please call in at the office for the key.

A Reminder that items purchased online (via the website) need to be ordered by Sunday for delivery the following week. These usually arrive Tuesday afternoon. You can call in to the office to collect, or they will be available from the Uniform Shop on Thursday.

Exchanges can be sent back to Permapleat – please see the website for more information.

News from the P&F



Don't forget to get your morning coffee on a Friday from the P&F (in the canteen) and support our hardworking P&F. Thank you Misty and helpers!

TIPS FROM YOUR CHILD HEALTH NURSE

Drinks - what should children drink?

Drinking plenty of water is essential for people of all ages. When your child is thirsty, encourage them to drink plain water.

It is recommended that:

- children aged 5 – 8 years drink 1000ml per day (4 big cups)
- children aged 9 – 12 years drink 1500ml per day (6 big cups)
- young people aged 13+ years drink 2000ml per day (8 big cups).



Drinking milk is also important, as it provides children with the calcium they need for growing bones and teeth. If your child doesn't drink milk, try yoghurt, cheese or calcium-fortified soy milk.

The drinking of cordials, soft drinks and fruit juices should be limited, as the sugar in these drinks may contribute to tooth decay and unhealthy weight.

Energy drinks and artificially sweetened drinks are not suitable for children.

For more information go to <https://livelighter.com.au>