



Many Hearts, One Voice
17th May 2019



Our Lady of the Cape Primary School is a community where each child is valued as an individual and nurtured spiritually, by many hearts working together as one voice to fulfil their overall potential.

Important Dates

Sat 18 May 6pm

- Family Mass & Eucharist Commitment Y4

Mon 20 – Fri 23 May

- NAPLAN

Wed 22 – Thu 23 May

- Book Fair

Wed 22 May

- National Simultaneous Story Time
- AFL Football Clinic Y3/Y4

Fri 24 May

Student Free Day
Staff PD – BrightPath

Tue 28 – Wed 29

- Kindy Screening

Wed 29 May

- AFL Football Clinic Y3/Y4

Thu 30 May 1.30pm

- Kitchen Garden Busy Bee

Fri 31 May

- Whole School Mass
- Busselton Jetty Incursion Y4-6

Mon 3 June

- Public Holiday

Tue 4 June

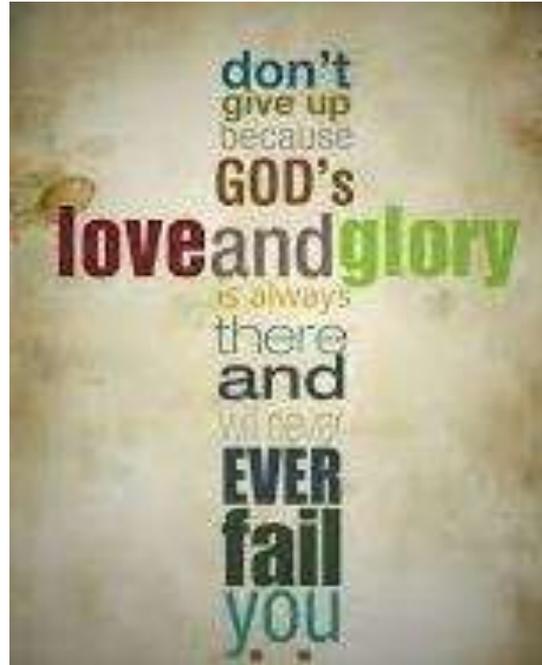
- Pupil Free Day
- Catholic Day

Wed 5 June

- Buddy Mass Y1 & Y6
- Basketball Clinics

Fri 7 June

- PPB Performance Assembly
- Busselton Jetty incursion Y2 – Y3
- Y4 Ngilgi Cave Tour 11.30am



Dear Parents and Members of the Community,



Our Lady of the Cape Catholic Primary School
PO Box 562, 245 Cape Naturaliste Rd, Dunsborough WA 6281 Tel: 08 9755 3866
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Staff firstname.secondname@cewa.edu.au



Many in our community started the day this morning with a brisk walk (or ride) from Dunsborough to OLC on the newly constructed Geographe Road footpath. The walk commenced with a cutting of the ribbon with support from Grant Henley (Mayor of City of Busselton) and Libby Mettam, our local Member of State Government.



We had a larger number than expected involved with over one hundred parents and students participating along with a good number of staff as well. This path is a much appreciated facility for our community to use into the future.

My thanks to Mr Torrese for working with Caroline Ryder, from the City of Busselton, to organise this event. Thanks also to our volunteer helpers for providing the coffee and fruit bun at the conclusion of the walk.

We were also fortunate to have Grant and Libby with us for the assembly and to help with the presentation of the merit award cards.

Constable Care Incursion

We also had a visit from the Constable Care team today to present two workshops for our students today. They provided very clear links to our Friendology program and the opening of the footpath.

Frenemies for Years 4 -6

Jasper is the new kid in school and is having a hard time fitting in - how can you help? With the overarching aim of bullying prevention, this show helps children develop pro-social skills and supports them in creating and promoting a culture of respect and consideration amongst their school community.

This interactive performance encourages year 4-6 students to think about how their behaviour can affect other people. It also helps them build confidence in social situations, making friends and developing resilience.

“Getting to School” for Years K – 3.

A fun blend of acting and puppetry, this exciting performance for children in Kindergarten to Year 3 takes students on a wild ride in Professor Tells-You-Stuff's time machine to explore the ways we can travel to school safely all in one morning!

Some valuable lessons for our children to learn and apply.

NAPLAN

Our students in years three and five have completed the Reading assessment on-line. The year three classes completed the Writing sample on paper, whilst our year five students completed this assessment online. The students will complete Conventions of Language and Numeracy next week.

The feedback from the teachers has been that the students managed the tests very well and, as always, they were well engaged and at their best for the tests. We also had very little of the connectivity problems experienced by other schools.

I would like to thank Mr Danaher, Mrs Murphy and Mr McSevich for preparing the students so well. At OLC we see this assessment as just one aspect of the extensive range of testing we do to gain the data we need to differentiate for all learners. This is reflected in the positive approach and engagement from the students.

We are also very fortunate to have Mr Torrese and Mrs Johnson to support the students and teachers with the preparation of our IT system so that use of the technology posed no substantial problems.

Brightpath In-service – Friday 24th May

Reminder the Brightpath in-service has been rescheduled to Friday 24th May (next Friday). There will be no classes for students on this day.

Catholic Day – Tuesday 4th June

Just a reminder that the Catholic Day will be on **Tuesday 4th June**, following on from the WA Day public holiday. The students will return to school on Wednesday 5th June.

Kindergarten and other Enrolments

We have had a busy week with interviews for Kindy in 2020. We still have vacancies for Kindy and in other years except for Pre Primary, so I ask that all in our community continue to promote our school. Personal recommendations from existing families are a very powerful promotional tool. Please spread the word that:

- Tours are available at any time.
- Little Seedlings Playgroup is available every Friday from 9.45am to 11.00am for those interested in experiencing the quality program we offer at OLC.
- Phone enquiries are always welcome.

A reminder that siblings are not automatically enrolled – we need to have an application to be able to account for your children. If you have not yet handed in your enrolment, please do so ASAP.



Kitchen Garden Busy Bee – Thursday 30th May 1.30pm

Can you spare an hour or two for our Kitchen Garden Busy Bee? We would appreciate your help to clear the garden in preparation for work to commence. Gloves and gardening utensils will be required.

We also need a volunteer, or a group of volunteers, who might be able to assist us with the management of the Kitchen Garden. The garden is a strong feature of our sustainability initiatives, so we are keen for it to continue.

I understand that parents are really busy and the reality is that workload for staff is such that they must be focussed on the classroom learning of the students and do not have the time for an extra responsibility. I have seen it work well in schools where they have a retired or semi-retired person who is available to donate some time.

If any parents can help, please contact the school. Alternatively, please let us know of any community members who might be able to help.

God bless,
Des Wilkie, Principal

Uniform Shop News

There are still many items available, so come and check them out next Thursday.

Tracksuit Pants: \$25 Tights \$5 Hats \$40 Jackets \$40 Cotton Shorts: \$3

Second hand items can be purchased any time – please call in at the office for the key.

A Reminder that items purchased online (via the website) need to be ordered by Sunday for delivery the following week. These usually arrive Tuesday afternoon. You can call in to the office to collect, or they will be available from the Uniform Shop on Thursday.

Exchanges can be sent back to Permapleat – please see the website for more information.

Catholic Community Corner

YEAR FOUR FAMILY MASS AND EUCHARIST COMMITMENT MASS

Next **Saturday the 18th of May** the Year 4 students and their parents will participate in a special Family Mass where they will commit to the process of preparation toward receiving the Sacrament of Reconciliation. The mass will take place at **6.00pm** at the church and families are invited to stay afterwards for a light pizza supper. All members of the OLC community are invited to attend also. If you would like to stay for pizza, which is generously supplied by our school P&F, please email me at amie.meyer@cewa.edu.au with numbers for catering.



MAKING JESUS REAL

Our MJR program identifies students who show the Spirit of Jesus by being **Welcoming, Encouraging, Saying Sorry and Saying Thank you (WESTies)**. We are always considering how we greet, treat and speak to each other at our school. This week's student winners of the OLC Cape Crusaders were:

MEELUP: Leila Campbell

NATURALISTE: Finn Turpin

GEOGRAPHE: Prada Piaggi

LEEWIN: Jarvis Davies

MAMA CC (THE MOTHER Cape Crusader): Mrs. Sinclair!

Congratulations to all our winners and nominees!

FACTION TOKEN TALLY

Students are rewarded with tokens for demonstrating the Spirit of Jesus, following the school rules and for demonstrating our school values of **Compassion, Appreciation, Respect** and **Excellence**. Faction tokens are tallied weekly and the faction with the most tokens at the end of weeks 5 and week 10 win a free dress day! Here's the current tally:

LEEWIN	MEELUP	NATURALISTE	GEOGRAPHE
233	299	311	259

Have a brilliant weekend everyone!

God Bless,

Mrs. Amie Meyer, OLC RE Coordinator

Book Fair is on Again!

It's that time of the year again! You are invited to join us for the 2019 Book Fair which will be held in the **OLC library** next **Wednesday 22nd May** and **Thursday 23rd May**. Books and novelties will be available for purchase from 8.00 am – 9.00am and 3.00pm – 4.00pm on both days. Students are permitted to bring money to their library lessons on these days to make purchases if you believe them to be responsible enough. **If you plan on sending your child to school with more than \$20, please ensure they have a permission note to say they can spend the money.** We receive a large commission from the sale of these books each year to spend on new books for the OLC library. Your support is appreciated!

Kind regards,

Amie & Mary-Lee

MERIT AWARD WINNERS (Week 3)

Congratulations to the following students for receiving a Merit Certificate

Jaega Morris

Mahli Davies

Jett Devereux

Elsie Marsland

Emily Callaghan

Timothy Dwyer

Cooper King

Holly Greening

Cielo Howard

Savannah Van Es

Oscar Topham

- (PPL)
- (P1B)
- Orange Room (Y1P)
- Blue Room (Y2K)
- Blue Room (Y2S)
- Red Room (3MC)
- Red Room (3MU)
- Yellow Room (4D)
- Yellow Room (4R)
- Purple Room (Y5)
- Silver Room (Y6)

The Language of Friendship – Parent-Child Workshop

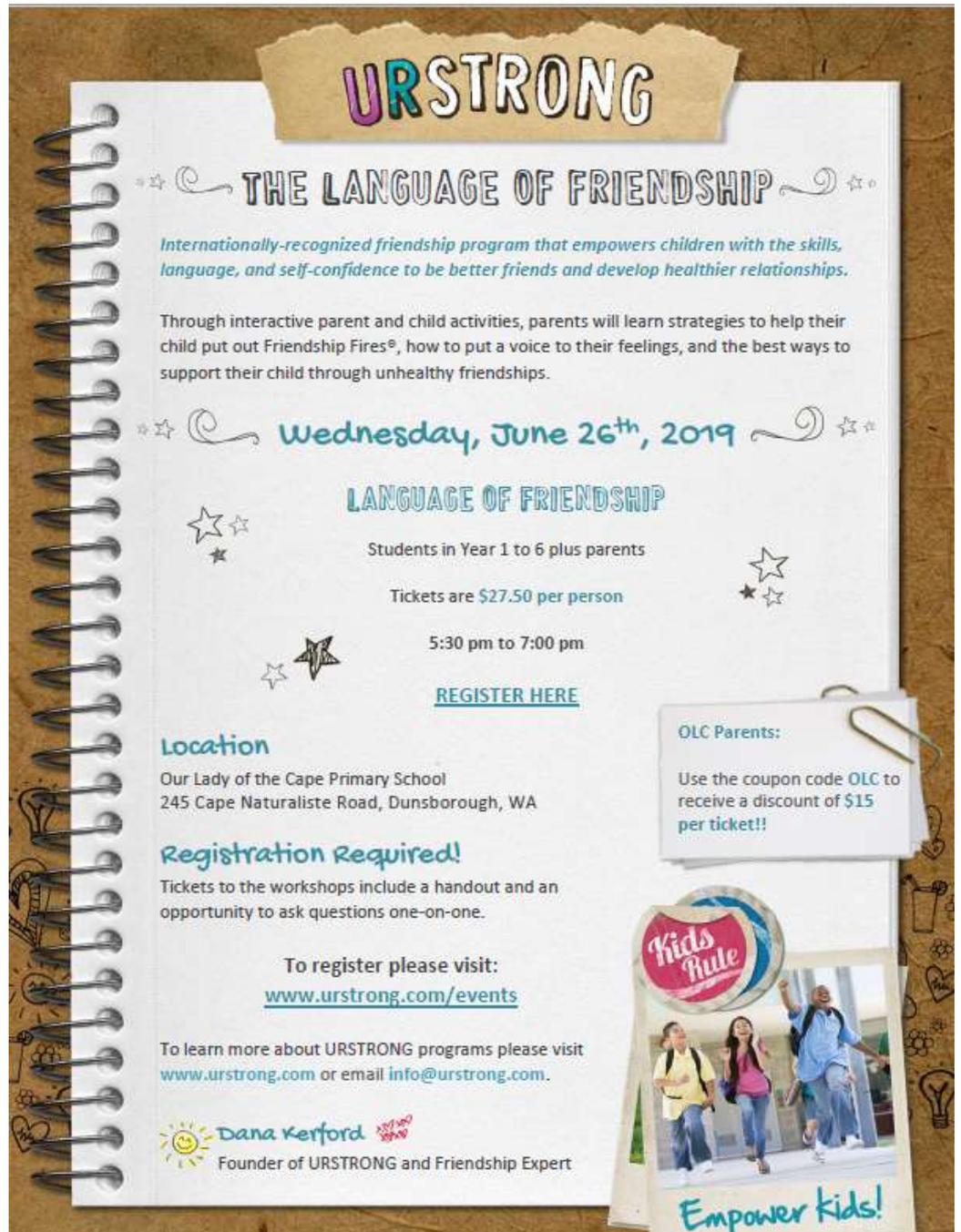
We are so excited and privileged to host the founder of "Friendology", Dana Kerford, here at OLC on the **26th June**.

Dana will present, in her own dynamic and entertaining way, key concepts around friendships and the strategies parents can learn to help their own child put out our "Friendship Fires", how to voice their own feelings and to support them through unhealthy friendships.

We invite all OLC parents along to this unique opportunity. The first 100 registrations from OLC parents receive a \$15 discount per ticket.

We thank the OLC P&F for generously subsidising this event for our school community.

Adrian Torrese
Assistant Principal



URSTRONG

THE LANGUAGE OF FRIENDSHIP

Internationally-recognized friendship program that empowers children with the skills, language, and self-confidence to be better friends and develop healthier relationships.

Through interactive parent and child activities, parents will learn strategies to help their child put out Friendship Fires®, how to put a voice to their feelings, and the best ways to support their child through unhealthy friendships.

Wednesday, June 26th, 2019

LANGUAGE OF FRIENDSHIP

Students in Year 1 to 6 plus parents

Tickets are \$27.50 per person

5:30 pm to 7:00 pm

[REGISTER HERE](#)

Location
Our Lady of the Cape Primary School
245 Cape Naturaliste Road, Dunsborough, WA

Registration Required!
Tickets to the workshops include a handout and an opportunity to ask questions one-on-one.

To register please visit:
www.urstrong.com/events

To learn more about URSTRONG programs please visit
www.urstrong.com or email info@urstrong.com.

Dana Kerford
Founder of URSTRONG and Friendship Expert

OLC Parents:
Use the coupon code **OLC** to receive a discount of \$15 per ticket!!

Kids Rule

Empower kids!

News from the P&F

PICTURE PLATES – Extended until Monday 20th May



The Picture Plate program is now available. This is a new and exciting fundraiser the P&F are trying out for 2019.

The Picture Plates are melamine plates with your child's artwork printed on them - unique and individual keepsake made by Picture Products! In addition to Picture Plates, Tote bags will also be available.

Both items are priced at \$25 each. There are sample plates in the office if you would like to have a closer look.

Paper must be collected from the school office ASAP.



Your child will need to create their artwork on this paper and return it to the box in the school office. **(Please note that the Picture Plate Papers cannot be folded, bent or rolled as this can affect the quality of the final product.)** It would be best if they can be delivered directly to the box in the school office to avoid any damage.

All completed drawings, orders and money will need to be returned to school by **Monday 20th May**. Payment may be made via cash, cheque (to Our Lady of the Cape P&F), or online to the P&F: BSB 036-123 A/C 313466, with the notation - Picture Plates and family name.

If you have any queries, please email Misty Hearne (mistyhearne@yahoo.com.au).

ENTERTAINMENT BOOKS

Thanks for supporting our fundraiser! If you do not wish to buy a book, it can be returned to the box outside the school office.

Contact Leah Reilly if you have any questions on 0400216164 or leahreilly@hotmail.com



⚡ **BONUS OFFER!** When you buy an Entertainment Membership from us, not only will you be supporting Our Lady of the Cape Primary School but you will also receive a bonus \$10 Woolworths WISH eGift Card!

Hurry, offer ends 11:59 May 12 AEST. Get yours today: <http://www.entbook.com.au/914446a>



HURRY offer ends 12/5/19 11:59 AEST

Wrap up Mum's Day with a new Entertainment Membership + bonus gift!

Woolworths \$10^{**} eGift Card

FUNDRAISING WITH entertainment

Community News

TIPS FROM YOUR CHILD HEALTH NURSE



Bedwetting

Bedwetting, or nocturnal enuresis, is very common in children. Bedwetting has nothing to do with dreaming, and children who wet the bed are not "just being lazy".

If your child wets the bed, there are a number of things you can do to help, such as using a waterproof mattress cover and establishing a before-bed toilet routine. It is not helpful to punish children who wet the bed. Fluids should not be restricted, even before bedtime. Sugary or caffeinated drinks should be avoided.

If your child is still wetting the bed after five and a half years of age, seek help through a referral by your local doctor. A bedwetting alarm is an effective and safe method of treatment available for nocturnal enuresis and may be appropriate for your child.



BREAD TAGS FOR WHEELCHAIRS

We collect bread tags, which are recycled to fund wheelchairs in South Africa. Please save your bread tags and drop them off to Sara at the **OLC School Canteen on Tuesday's or Thursday's**

Or you can drop off to **Goodstart Early Learning Dunsborough**

✉ aussiebreadtags@gmail.com  [aussiebreadtags](https://www.facebook.com/aussiebreadtags)

 www.breadtagsforwheelchairs.co.za 📞 0418 807 072

Local Contact: Amelia Hart 📞 0423 399 002

Thanks for your support!

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Dunsborough Primary School is a polling station for the election this coming Saturday 18 May 2019.

Our P&C have decided to use this as a fundraising opportunity. Our year 6's (& their parents) will be holding **a sausage sizzle**, with proceeds going to their school camp.

We will also be hosting a **cake stall**, with proceeds from this stall donated to the Lions Cancer Institute to go towards their annual 'Special Children's Big day out' which is a red carpet event at a cinema or club for local sick, handicapped & severely disabled children in our community.



Netball Fun for Newbies

The Naturaliste Community Centre is again offering a Junior Netball program in Term 2 called "Newbie Netball", held each Thursday from 3.30pm for 8 weeks.

The fun-filled netball sessions cater for 6 to 8 year olds and run for 1 hour in duration.

Program instructor Nadia says that the netball activities for kids are designed to make learning lots of fun for all the participants. Children learn basic skills such as shooting, passing and catching while also getting used to court positions and how to play in a game of netball.

Kids are encouraged to come and meet some new friends, have fun and start the game of netball for lifelong participation.

Interested parents can email ncc@busselton.wa.gov.au or call the Centre on 9755 3966 between 8.30am and 12.30pm weekdays.



WAAPA Winter School 2019

WAAPA at ECU is offering an exciting performing arts program for children and young people in years 1 to 12, these July school holidays. The Winter School includes classes in drama, acting, screen acting, film making and musical theatre. For information about the many courses on offer please visit [Winter School](#) or contact Gabrielle Metcalf at g.metcalf@ecu.edu.au or 9370 6775.

