



Many Hearts, One Voice
22 March 2019

Our Lady of the Cape Primary School is a community where each child is valued as an individual and nurtured spiritually, by many hearts working together as one voice to fulfil their overall potential.

Important Dates

Sat 23 March 12 – 1pm

- Interschool Training Session

Wed 27 March 5.30pm

- Sacrament of Reconciliation

Thu 28 Mar

- Interschool Swimming SWSC Bunbury

Fri 29 March 9am

Harmony Day Dress

- P1B Harmony Day Prayer Assembly

Wed 3 April 7pm

- P&F Meeting

Fri 5 April

- 2S Palm Sunday Prayer Assembly – 9am

Wed 10 April 7pm

- School Board Mtg

Thu 11 April 9am

- Y5 Holy Thursday Prayer Assembly –

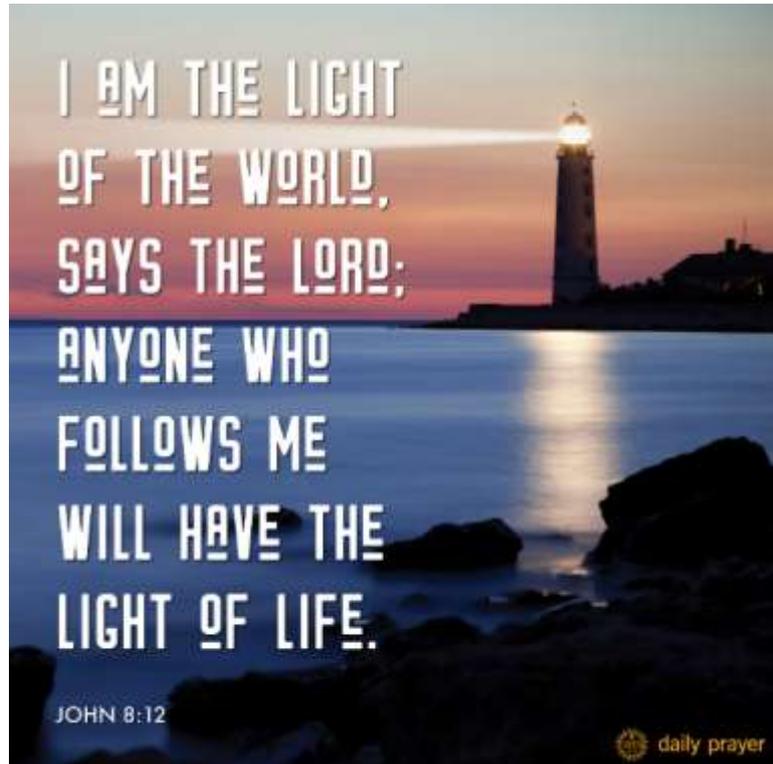
Fri 12 April 9am

- Y6 Good Friday Assembly

END OF TERM 1

For more dates, go to
<https://www.ladyofcape.wa.edu.au/calendar.php>

Note: dates are subject to change and the calendar should be checked regularly.



Dear Parents and Members of Community,

It's been a big two weeks for everyone with so much going on at OLC, especially with swimming. I am sure we are all looking forward to returning to our normal routines in Week 8.

Swimming Lessons

I have been really pleased with the new model we followed this year. Having Years 1-3 at the pool for a week and the Years 4-6 at the beach over two weeks, has given a good balance to the swimming lessons format. Having the later starts for most classes has meant that the mornings at school could still provide some productive learning time.

I'd like to thank all students, parents and teachers for the extra effort and time that goes into preparing and being organised each day for swimming lessons. It's a huge ordeal but very worthwhile and an important part of our sports programme.

Our Lady of the Cape Catholic Primary School
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Digital Device Program



The first ever laptops in our 1:1 digital device programme were distributed to the Year 4's on Monday this week. Huge thanks to Janine Johnson for the extra time and effort in preparing the devices for the students. They have been well received and are already being used meaningfully in Mrs Delane's and Mrs Ricciardone's classes.

The laptops will play a significant role in integrating student learning as well as developing essential keyboarding and file management skills.

Parent Teacher Meetings

As part of our yearly Assessment Schedule, the parent teacher meetings in Term 1 allow teachers to provide a detailed snapshot into each student's learning so far this year. We ask all parents to ensure they attend.

Teachers have already or will be in the process of providing parents with meeting times. Parents please remember that these are 10 -15 minute time slots. If you would like further discussion, please arrange another meeting with the class teacher.

Year 2S Teaching Position

I am pleased to share the employment of the new Year 2 teacher to replace Amy Sherborne (on maternity leave) from Monday 10th June.

Amy McFarlane will be joining us and will come down for a couple of days in early Term 2 to do a thorough handover to work alongside Amy and Penny King. This will ensure that we have continuity with the great learning happening in Year 2.

Amy McFarlane comes to us with two and a half years of Early Childhood experience with her latest year being in a Year 2 class at St Helena's in Ellenbrook. She comes highly recommend and we look forward to Amy being part of the teaching team.

Interschool Swimming

Good luck to our interschool swimmers who will be competing at the Interschool Swimming Carnival next Thursday at Bunbury for Years 4 -6.

Thank you to Mrs Sinclair for offering to conduct swim squad training in Bunbury on Saturday. A great opportunity for all our swimmers to get accustomed to the pool and get some laps in before the big day.



Commissioning Mass - Staff/Parent/Board

Thanks to Gary Hodge (P&F President) and Eloise Jennings (Board Vice Chairperson) for their attendance at the Commissioning Mass on Sunday. It was wonderful to make these connections within the school and officially welcome new staff to the school. - Anne Coltrinari, Kaya Jecks and Mary Lee Edwards.

Fr Ian spoke so well about the tragedy in Christchurch, reminding us of our obligation towards fostering acceptance and to embrace Jesus' message about the way we treat each other.

A beautiful breakfast at Canteen Kitchen followed that was really well attended.

Sacrament of Reconciliation

The Year 3s are preparing to receive the Sacrament of Reconciliation next Wednesday night at 5:30pm.

We thank Amie Meyer, Paula Murphy and Sean McSevich for the work in preparing the students. I'd like to wish all our Year 3s and their families all the best leading up to next Wednesday night and that they find new enlightenment and reverence upon receiving this special Sacrement.

Slow down on Sloan!

Despite how well the Sloan Drive pick-up lane has been working, I have seen and had reported to me, the increasing number of cars speeding along Sloan Drive. Please take care and keep to 50km/h along this road as not only are there a large number of cars commuting along this road but we also have students walking and riding bikes home.

Thank you too for your patience on days with long lines. We are moving cars through as efficiently as possible. Some days however are busier than others. Don't forget to smile and wave to the lovely OLC staff attending the Sloan Drive pick up.

The Uniform Shop is In Transition

Uniforms will be able to be purchased on-line soon. Once we have confirmation from Perm a Pleat, we will notify parents when they can put online orders in through the website. This should happen in the next week. You will have time to do your winter uniform orders well and truly in time for next term. In the meantime, the uniform shop is now open on **Thursdays from 8.30am – 9.00am, however, there are only minimal items in the shop, so if possible please wait until the online order system is running to purchase your items.**

Once the online system is in place, uniforms will be delivered either to the school for free or to your home address for a \$10 delivery fee. Should you chose to have your uniform delivered to the school, you will be able to collect it from the uniform shop, which will now be on **Thursdays from 8.30am – 9.00am.** Should you not be able to collect them at that time, your order will be forwarded to your child's class so that he/she can bring it home at the end of the day.



A very warm welcome to Elena Jackson, along with her parents Caroline and Gareth. Elena will commence in Kindy Blue next week.

Adrian Torrese
Acting Principal

MERIT AWARD WINNERS

Congratulations to the following students for receiving a Merit Certificate

James Conn	-	(PPL)
Cooper McNeill (PP)	-	(P1B)
Caleb Peterson (Y1)	-	(P1B)
Jarraah Mesdag	-	Orange Room (Y1P)
Maddy Gibbins	-	Blue Room (Y2K)
Lawson Brown	-	Blue Room (Y2S)
Olivia McDonnell	-	Red Room (3MU)
Max McClenaughan	-	Yellow Room (4D)
Priya Hodges	-	Yellow Room (4R)
Zali Stone	-	Purple Room (Y5)
June Baker	-	Silver Room (Y6)

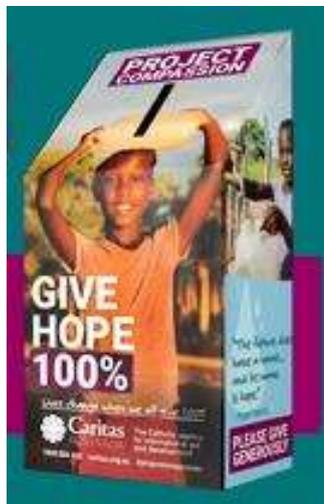
OLC CATHOLIC COMMUNITY CORNER

**PROJECT
COMPASSION**

Project Compassion



This year's Project Compassion showcases the many ways we work around the world with our local partners to offer hope to people most vulnerable to extreme poverty and injustice.



As Pope Francis said, **"The future does have a name... and its name is hope."**

Through your generosity during Project Compassion this year, you are empowering communities with hope and helping those in great need to shape a better future for themselves, their families and their communities.

Lives change when we all give 100%.

OLC students and families are encouraged to donate to Project Compassion during Lent by making a contribution to the collection boxes located in classrooms and offices around the school. A sacrifice

like giving up a weekly treat and instead donating the money to this cause helps students to make Lent meaningful, and develops compassion and empathy for others. Please be generous and support Project Compassion to help those in need. Thank you!

POPCORN FOR PROJECT COMPASSION

The Year 6 Catholic Ministry Group made up of students from **Leeuwin** faction sold popcorn at recess for \$1 a bag. The money they collected will be donated to Project Compassion. Together OLC raised \$230 to donate! Stay tuned for another exciting event to raise money for Project Compassion in Week 9. Well done team!



SACRAMENT OF RECONCILIATION



Please pray for our Year 3 students and their teachers as they work toward preparing to receive the sacrament of Reconciliation next week. On Tuesday the Year 3's will make their way to the church for a ceremony to examine their conscience prior to the Sacrament. They will also have a rehearsal for the big day. Families are invited to attend the actual Sacrament next Wednesday the 27th of March to show support for the faith development of our young people. We would love to see some of the older students there to assist with the choir if possible.

YEAR P1B PRAYER ASSEMBLY

Next Friday will see Year P1B lead the whole school in a prayer assembly to mark Harmony Day. This will commence at 9.00am in the hall. Parents, we'd love to see you there!



MAKING JESUS REAL

Our MJR program identifies students who show the Spirit of Jesus by being **Welcoming**, **Encouraging**, **Saying Sorry** and **Saying Thank you** (WESTies). We are always considering how we greet, treat and speak to each other at our school. This week's student winners of the OLC Cape Crusaders were:



MEELUP: Hazel McDonnell

NATURALISTE: Esmerelda Boundy

GEOGRAPHE: Toby Delane (Toby was at swimming for the photo).

LEEUWIN: Billie-Rose Kirby

MAMA CC (The Mother Cape Crusader): Miah Adams

Congratulations to all our winners and nominees! Please take the time to look at our **Spirit of Jesus** display in the undercover area. Here the token tally is visible, but you will also see a tree for each faction. On these trees are leaves showing the names of the children who have been nominated for a Spirit of Jesus award this term. Some children have been nominated multiple times!

FACTION TOKEN TALLY

Students are rewarded with tokens for demonstrating the Spirit of Jesus, following the school rules and for demonstrating our school values of **Compassion**, **Appreciation**, **Respect** and **Excellence**. Faction tokens are tallied weekly and the faction with the most tokens at the end of weeks 9 will win free dress for Friday of Week 10. Another change of lead occurred this week with Leeuwin taking the lead for the first time this term! Keep up the great work everyone!

LEEUWIN	MEELUP	NATURALISTE	GEOGRAPHE
362	302	331	315

God Bless Everyone! Have a great weekend!

Mrs. Amie Meyer
OLC RE Coordinator

OLC EASTER RAFFLE
Be a Good Egg This Easter!

It is time for the annual OLC Easter Raffle. We would like to ask that each family donate an Easter treat that will be raffled during the last week of school.

Please place all donations in the box located in classrooms and remember that we are a NUT FREE SCHOOL.

Food for thought...



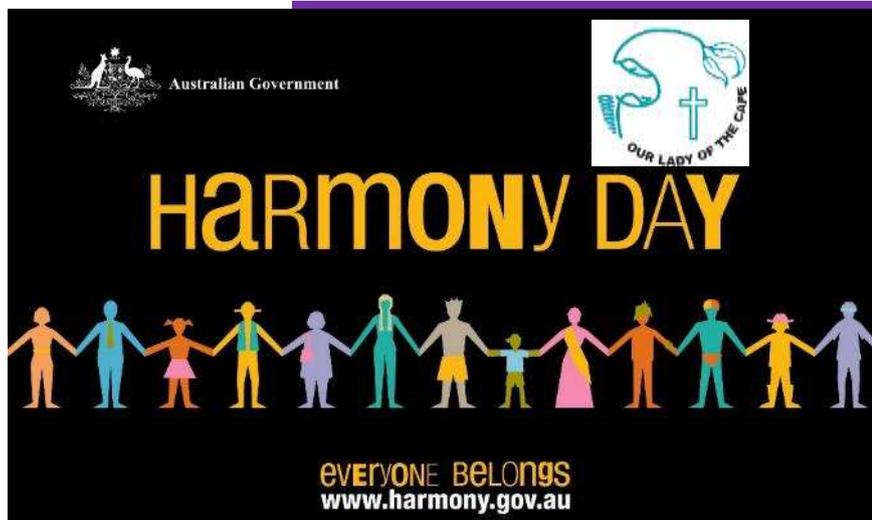
Pope Francis said that “every person ought to have the awareness that purchasing is always a moral – and not simply an economic – act.”

Cocoa is a key ingredient of chocolate and many children in West Africa are enslaved to pick the cocoa beans. They will never taste the delicious chocolate their slavery helps produce.

To buy slavery-free Easter chocolate look for any of these three certification symbols (below) on the wrappers: FAIRTRADE, Rainforest Alliance and UTZ.



Proceeds go to the St. Mary MacKillop Timor trip and Project Compassion. Your support is greatly appreciated!



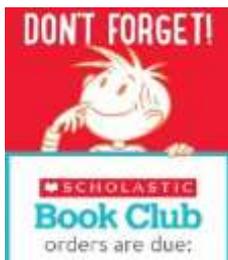
On **Friday the 29th of March** we will be celebrating Harmony Day at Our Lady of the Cape. All children are asked to dress in cultural clothing or, alternatively, to wear orange clothing. **Orange is the colour chosen to represent Harmony Week. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.**

During the morning session the children will participate in activities that are drawn from cultures around the world. A huge thanks to the wonderful parents and grandparents who have volunteered their time to share their knowledge and experiences with your children.

Each class will be having a shared morning tea. We ask that parents send in a small platter for this event. If possible, food that has come from another culture would be fabulous, but **please remember our nut policy**. If your child has a food allergy please check in with your child's classroom teacher about how best to cater for them prior to the morning tea.

The day will begin with a prayer assembly in the hall led by PP1B. We invite all parents to join us. We are looking forward to a wonderfully informative and fun filled day.

Mrs Julie Birch



Friday 29 March

SCHOLASTIC

Book Club LOOP

for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP

GET IT ON
Google play

Download on the
App Store

The **EASIEST** way for parents to order and pay for **Book Club!**

Linked Online Ordering & Payment platform

It's easy to order and pay online for your child's **Book Club** order using your credit card. Your order will electronically be linked to your school when you order and pay by **LOOP**.

Also available as an app:

Download on the
App Store

GET IT ON
Google play

News from the P&F

If you want to purchase a Local Advantage Card and support the, please join before the end of March as the \$12 kickback for each membership will finish at the end of this month.



SCHOOL FUNDRAISING MONTH
Support a school when you purchase a Local Advantage membership!

\$12 kickback from every valid membership in March 2019

Local Advantage
South West WA

**Food & Drink – Things To Do
Health & Beauty – Shopping
Services – Weddings & Parties
Travel & Accommodation**

Sign up for your very own Local Advantage Membership today, it only takes a couple of minutes!

This awesome membership app saves you money when you are out and about in the South West. Exclusive offers and discounts reward you and your family.

- Be rewarded at over 200 Local Businesses
- You can use every offer over and over again
- YES! Repeat use is encouraged!

HOW TO JOIN:  

1. **DOWNLOAD** the Local Advantage App on your smartphone
2. Create an account and follow prompts to become a paid member
3. **TICK "Select a fundraiser"** - add the school you wish to support.
4. Enjoy instant access to all offers
 - 12 month membership for **ONLY \$49**
 - Add a friend for **ONLY \$29** (*Conditions apply)

Keep it Local & Save Money Today!
www.localadvantage.com.au

Join Local Advantage this March to support our school!

This awesome membership **app** gives you discounts across the South West and all the offers can be used over and over again! When you join or renew* your membership (selecting our school) we get a \$12 kickback per member! **See Flyer for details on how to join. Check our www.localadvantage.com.au to learn more.**

*Renewals can happen anytime – 365 days will be added to your remaining balance!

Community News



TIPS FROM YOUR COMMUNITY HEALTH NURSE

A healthy lunchbox

Healthy lunches and snacks are important for keeping active kids alert and focused and providing them with the nutrition they need every day.

A healthy lunch box should include:

- Fruit – at least one serve of fresh seasonal fruit. If you don't have fresh fruit, canned (in natural juice) is a good substitute. Dried fruit is high in sugar and should be avoided
- Vegetables – vegetable sticks, salads or a mix of raw (with dip) or grilled vegetables
- Dairy – one serve of milk, yoghurt or cheese supports optimal growth and development in children. If your child can't tolerate dairy provide a suitable alternative.
- Protein – lean meat or poultry, fish, eggs, tofu, legumes/beans, or nuts and seeds.
- Grain foods – wholegrain and high fibre varieties are best.
- Water – the best drink to keep children hydrated.
-

Remember, children who help plan and prepare their own lunch are more likely to eat it. Your child might like to try out this fun, 'Interactive Lunchbox' website:
www.goforyourlife.vic.gov.au/hav/articles.nsf/html/index.html



Swing by
Monday 25th – Friday 29th March 10am-5pm

For a FREE coffee

and to collect your

LOCAL 10% discount CARD

Hours of FAMILY FUN!

Zipline & Ropes course

OPEN 7 DAYS a WEEK

1710 Caves Road (next to CLANCY's)

nextlevelmonkeybiz.com.au



REGISTRATIONS for the 2019 Season CLOSING SOON

MUSTER DAYS have been scheduled for Wednesday 10th April and
Wednesday 1st May 2019 from 3.30pm to 5pm, Dunsborough Playing Fields.

Apparel will be available at both these dates.

Boys & Girls from 5 to 17 years are welcome with the season running Terms 2 & 3.

NOTE:

Registrations to be completed online at

<https://registration.playfootball.com.au/common/pages/reg/welcomeregplus.aspx?entityid=31630&id=80672>

Enquiries to dunsboroughjuniorsoccerclub@gmail.com | www.dunsboroughjsc.com

LET'S GET KIDS PLAYING SPORT