



Many Hearts, One Voice
17 August 2018



Our Lady of the Cape Primary School is a community where each child is valued as an individual and nurtured spiritually, by many hearts working together as one voice to fulfil their overall potential.

Important Dates

Sat 18 Aug - 6pm

- Y6 Confirmation OLOSC 6pm

Wed 22 Aug

- Board Mtg 7pm

Thurs/Fri 23/24 Aug

- School Photos

Fri 24 Aug

- General Assembly

Tue 28 Aug

- Y1/Y2 Jumps

Wed 29 Aug

- Y3 – Y6 Jumps

Thu 30 Aug

- Book Week Dress Up
Day/Incurion: DC Green

Fri 31 Aug

- P&F Father's Day Breakfast
7.30am
- General Assembly

Tue 4 Sep

- Y1/Y2 Throws
- Learning Journeys
PP – Y6: 3.30pm

Wed 5 Sep

- Y3 – Y6 Throws

Thu 6 Sep

- Faction Athletics Carnival
- Reconciliation Parent
Meeting

Fri 7 Sep

- Whole School Mass Y3M

Sat 8 Sept

- Y3 Reconciliation
Commitment & Fam Mass

For more dates, go to
<http://www.ladyofcape.wa.edu.au/calendar.php>

Note: dates are subject to change and calendar should be checked regularly.



God of love and of life, let us take time to look deep within ourselves and discover the gifts you have blessed us with.

May we take the time to direct our lives in a way that best uses our own unique combination of gifts.

May our education help us discover where our strengths and interests lie. May our faith guide us in realizing our gifts.

May we always be open to the direction of the Spirit and never forget the love you have for each of us.

Give us, O Lord, the perception we need to look within ourselves and discover the beauty and gifts we possess.

Give us the courage to show others the talents they have.

Help us serve others in the community and in so doing build up your kingdom.

We ask this through Jesus, our Lord. Amen.

Dear Parents, Students and Community Members,

The highlight of this week was the celebration of a very prayerful and reverent whole School Mass for the Feast of the Assumption. This was an excellent way to start our school's Feast Day. Following on from the Mass we had the Mission Markets, which raised \$1441 to be sent to Caritas to help those in need. My thanks to the teachers, students and parent volunteers for making the markets such a success.

The day concluded with a really enjoyable round robin of activities in multi-aged groups. I would like to thank our senior students for their leadership and support of the younger students.

Best wishes and our prayerful support for our year six students receiving the Sacrament of Confirmation on Saturday. Thanks to the prayer buddies for their support and involvement. I really appreciate the efforts of the students who have volunteered for the choir so we can support Mrs Horrocks in helping make the Mass a beautiful celebration.

Our Lady of the Cape Catholic Primary School
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Newsletter: newsletter@ladyofcape.wa.edu.au
Staff firstname.secondname@cewa.edu.au
Facebook page: <https://www.facebook.com/OLCDunsborough/>

Calling Photographers!

We are updating our photo library to be used for marketing purposes and would love any photographers in the school community to be involved and help us out - please contact Mr Torrese if you can assist.



We have had several members of our school and staff dealing with difficult health issues over the past few weeks and ask that you remember them in your prayers.



Maureen, Riley & Katie Horrocks & family on the passing of their sister and aunt on Monday.

Damon, Waveny, Ruby & Flynn Eastaugh on the loss of their grandfather/father.

Travis Darlington, who is recovering from a stroke.

Rohan Hayhow, who underwent a second lot of surgery yesterday and is awaiting test results.

Dior Blackburn, who has been in hospital with complications from the flu, pneumonia and a collapsed lung.

Lucy Callaghan who has also been in hospital for surgery.

Our thoughts are with you at this time. Our prayers are for comfort and for a full recovery for those with illness.

God Bless,

Des Wilkie

Des Wilkie, Principal

OUR LADY OF THE CAPE PRIMARY SCHOOL

Star Citizen



Keenan Rogan	PPB
Archie Lafranchi	PPL
Zeph Whitcombe	1P
Isla McLaren	1S
Matilda Davidson	2K
Xavier Armstrong	2T
Shaye Taylor	3D
Georgie Leahy	3M
Allira Giglia	4R
Olivia De Angelis	5D
Thomas Rawling	6D

MANY HEARTS, ONE VOICE



Learning Culture



Art Club Update



The Tuesday afterschool Art Club is well underway in their sculpture construction.

The group have now had 6 Art Club sessions and have gone from planning and designing four totem poles, to applying art processes to decorate them.

So far students have experienced painting, tie dye, photo editing and iron on transferring onto fabric. Next up we will be learning crochet and stencil cutting and spraying.



Once again, thank you to Jordanna Hall, Jordanna Rock and Sophie Scanlon for their direction and guidance with the group.

The Art Club project will be on display at the "Sculpture by the Bay" early next Year.



Photo Day

Next Thursday 23rd and Friday 24th August (Week 6) is School Photo day. Photo order forms for online ordering were delivered to the children today. If your child was not at school today, they should receive the envelope on Monday.

If you wish to have Family/Sibling photos, please collect an envelope from the office. Note family photos are not ordered online and payment (credit card/cheque/cash) must be included in the envelope and returned to school on photo day. Family photos are taken at 8am in the morning before school on both days.

Note that all students from Y1 – Y6 should be wearing full formal uniform on Thursday. Hair accessories must be in school colours only (teal green, white or black).

Please see the schedule below for the format of the day. We ask that family photos are arrive promptly.

Year 1 and 2 parents please be aware that due to PE lessons being on photo day, we ask that the **Year 1 and 2 students come to school in full winter uniform**, with their **joggers in their bags**, ready for PE.

PHOTO DAY SCHEDULE 2018

Thursday 23rd August

Class Name/Group	Number of Students	Run Time
STAFF PHOTO/MUCK UP	40 staff	8.00 – 8.30
FAMILY PHOTOS		8.30 – 9.10
PPL		9.10 - 9.30
PPB		9.30 – 9.50
1R		9.50 -10.20
1L		10.20 -10.35
Kindy		10.35 -10.50
Year 6		10:50 -11:00
RECESS		
2T		11.35 – 11.50
2K		11.50 – 12.05
3M		12.05 – 12.20
3D		12.20 – 12.35
LUNCH		
Year 5		1.35 – 1.50
Year 4		1.50 – 2.05
GRADUATION MUCK UP		2.05 – 2.20
SPORTS CAPTAINS		2.20 – 2.35
STUDENT LEADERS		2.35 -2.50

Friday 24th August

Class Name/Group	Number of Students	Run Time
FAMILY PHOTOS		8.00 – 9.00
Assembly		9:00 – 9:30
KINDY RED		9.30– 9.50
PERSONALISED COVER PHOTOS		9.50 – 11.00

CATHOLIC COMMUNITY CORNER

YEAR 6 CONFIRMATION AND BISHOP'S VISIT

It has been a very exciting week for our Year 6 Students as they prepare to receive the Sacrament of Confirmation this Saturday evening. This week the students have engaged in an in-school retreat with Mrs. Sue Barton; have received Reconciliation with Fr. Ian and have spent time considering and focusing on the Sacrament in-depth with Bishop Gerard Holohan, who came to spend time with them on Wednesday morning. We would love to see as many families as possible at the **6.00pm Confirmation Mass this Saturday** to support our young people at this important time. Thank you to the families of children in the younger years who have volunteered to assist with the choir. Many thanks also to Mr. Jones and Father Ian for their roles in the preparation of the children. Please keep these children in your prayers at this special time.



MAKING JESUS REAL

Over the past week we have been on the lookout for students demonstrating "Spirit of Jesus" moments. 28 students were nominated for the "Cape Crusader" award this week, and our winners were:

Theo Soares-Cainero (Naturaliste)
Olivia McDonnell (Meelup)
Olicver Hoar (Geographe)
Violet Cliff (Leeuwin)

This week we also introduced the "Mama Roo Caped Crusader" who is our new school mascot, and was taken home by Tilly Hall for her beautiful Spirit of Jesus Moment. Congratulations on **Making Jesus Real** in our School!



MISSION MARKETS & OLC FEAST DAY

On Wednesday we celebrated our school Feast day with the Feast of the Assumption. Students, staff and parishioners participated in a meaningful, and reverent Mass in the school hall led by Fr. Ian. The behaviour and reverence of our students was exemplary. The Mass had a very clear focus on Mary, Our lady that resonated with our students. Great thanks go to Mrs Horrocks and Mr. Torrese

for the music that enriched the experience for everyone. The students then went back to their classes to complete activities based on Mary until recess. The Mission Markets followed and our OLC students once again displayed their manners, appreciation and respect in the way they interacted with each other. We have made an explicit attempt to ensure students understand the meaning of the Mission Markets and who will benefit from the funds raised, which this year was a record high of **\$1441!** The afternoon concluded with school-based activities that involved students being in buddy groups and rotating through fun activities in the classrooms. Our older students displayed terrific leadership, taking care of our junior students. I greatly appreciate the efforts of all our staff, for all their efforts in making the day so successful and a real celebration of our school.



God bless everyone and have a great week.
Mrs. Amie Meyer
OLC Religious Education Coordinator

Early Childhood Corner. Week 5 Term 3.

Last weekend I was privileged to attend one day of the annual Early Years in Education Society Conference. This conference runs over two days and provides a wealth of information for teachers about current research into Early Childhood Practice and a multitude of quality information about putting theory into practice in an engaging way. It is attended by teachers from all education sectors.

A common theme in every presentation that I attended was the need for children to play. This is not wild Laissez-fair play but rather play that has been planned with specific learning intentions in mind.

The way in which children play does matter. They should have access to a range of play experiences, environments and levels of scaffolding as planned and led by suitably qualified and knowledgeable teachers.

Importantly when a child plays;

- They have an opportunity to be an expert. This is important to their self-confidence and desire to pursue further learning.
- Play develops children's sense of self, identity and belonging.
- Play develops trust, secure attachments, negotiation skills, empathy, conflict resolution and resilience.

The Early Years Learning Framework identifies **positive dispositions for learning** as;

- enthusiasm,
- curiosity,
- commitment,
- persistence
- confidence,
- Cooperation and
- Reflexivity.

Outcome Four of the EYLF identifies **learning processes** that we should be encouraged as;

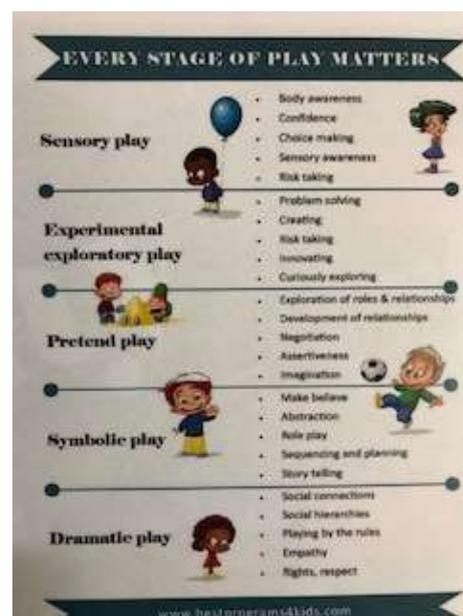
- Problem Solving.
- Inquiry
- Experimentation
- Hypothesising
- Researching
- Investigating.

A quality play based programme ticks all the above boxes and I am pleased to say that the teaching team at OLC strive to achieve this. Play in Year One and Two will look different to play in Kindy and Pre Primary due to the different developmental stages and needs of the children but is still of huge importance.

From Pre Primary to Year Two SCISA dictates WHAT we teach the children and the EYLF provides a base for HOW we teach the children. Play, in all of its forms, should be utilised.

In order to strike a BALANCE between the needs of the two the teachers need to have a strong knowledge of the curriculum and well-constructed, differentiated literacy and numeracy programmes.

As the children move into Year One and Two the teachers plan 'playful' learning experiences that enhance engagement in student learning.



Mrs Martin has provided an example of some great learning that took place in Year 2T.

"During our measurement lessons we investigated different units of measure that the children were aware of. We discussed using a ruler, a measuring tape, a stride (step), a hand-span and uniform objects to work out length. We painted and printed our own hands and estimated and then measured how long they were - we used matchsticks, counters and cubes to measure our hands and then compared the actual measurements to our predictions. We estimated one hand's length and then both hands together - as we have been learning about doubles and halves it was interesting to see which children knew that if they doubled their estimate the result would be the length of both hands. Very clever!"

The photos below show case the engagement of the children.

Thanks Mrs Martin!



It has been so good to see some hints of Spring this week. The children in Pre primary have welcomed the opportunity to 'get outside' in the sunshine. There has been much creative and happy play happening. One delightful group of PP girls took the equipment we had put out to practise our Sports Carnival games and turned it into a Circus ring. Children organised themselves into the necessary roles required both for planning and completing their circus act. Some of our quieter children took great delight in sharing their clowning skills. The whole play scenario required complex levels of negotiation and problem solving. Their self-initiated resolutions brought great satisfaction to all play members and smiles, laughter and happiness abounded.

It's this kind of play that brings joy and satisfaction not only to the children but to the teachers as well.

Have a lovely weekend,

Stay warm!

Mrs Birch

Early Childhood Coordinator.



BOOK WEEK 2018



Australian Children's Book Week falls between the 18th - 24th August, however due to other commitments this year we will be celebrating a little later on **Thursday the 30th August**. The format this year will be a little different, however as usual students are invited to **dress up** as their favourite **storybook** character. The theme this year is "**Find Your Treasure**"

Children's author DC Green will be visiting the school on the day between 9.00am and 11.00am. Parents are welcome to attend. At the end of his show, DC will be selling and signing books.

'DC Green was VERY funny. Even the teachers laughed.' – **Bothwell District School, Tas.**
About DC Green

Before he became a zany children's author, DC Green was an award-winning surf journalist. He has written about shark attacks, the Bali bombings and profiled the likes of 11-times world champion Kelly Slater (who DC beat (at a game of pool)).

In the last ten years DC has performed over 1,000 school shows around Australia. His performances are funny, dramatic and full of great writing tips and ideas.

You can check out DC's stuff at his website, dcgreenyarns.blogspot.com.au.

'I loved when DC sang and rapped. I couldn't stop laughing. I laughed my head off.'
– Milka, St Patrick's School, Port Kembla, NSW.

SIGNED BOOKS!

All DC's books cost \$15 except for Three Little Surfer Pigs which has been slashed to \$10 and the two City of Monsters books (\$19 each).

Students who buy more than one book will receive a free signed poster!!

Buy all three Erasmus James books for just \$35 or all seven DC books for a mere \$95!!!

Simply bring in an envelope to the school with money inside and the title(s) of DC's books on the front of the envelope.

We look forward to an exciting visit and the annual Book Week Costume parade. Time to get creative everyone!

Mrs Amie Meyer

OLC Library Resource Teacher

All Schools State & State Little Athletics Championships



More congratulations to Isabella Bidesi who placed an impressive 9th out of 308 girls with an invitation to compete at the national trials next year. She was also the first regional girl through the finish which was another great achievement.

At the State Little Athletics Championships Isabella faced a really challenging course with half the race across beach sand with lots of hills. She placed 6th in

the state and was only a few seconds off being on the podium!



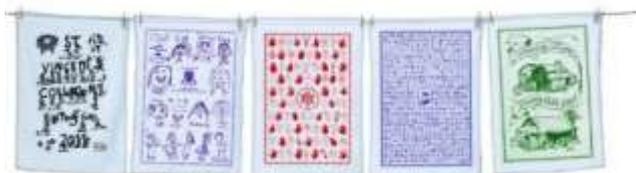
URGENT CALL FOR CANTEEN VOLUNTEERS

Please contact Sara Drmota via Sara-Jane.Drmota@cewa.edu.au or in person at the Canteen on Tuesday or Thursday mornings.

HELP STOCK UP OUR SECOND HAND UNIFORM CABINET

We are looking for more second hand donations. If you have some old items (good quality and clean please) that you wish to donate it would be appreciated if you could drop off in the second hand uniform bin next to the cabinet in the under cover area. Thank you!

P&F Tea Towel Fundraiser



Reminder that Final orders are due before **Friday 24th August 2018 (In mail box outside school office)** If you have any queries please contact Emma Bickett on 0438 046 378 or eperron@vianet.net.au

Community News

Yad Yallingup Stage Door proudly presents

THE STINKY CHEESE MAN and other FAIRLY STUPID TALES

A comedy by John Glare

Based on the book by Tom Scieszka and Lane Smith
Music by Tim Morrison

Directed by Courtney Norrish

Starring
ANNALISE BAIRD
NINA BAIRD
HENDRIX BEAHAN
BELLA CABRAL
KIRRA CHANDLER
EVIE CLARK
JESS DILLEY
ALEX DUNNING
HANNAH KERR
ALEISHA MAZZUCHELLI
JAKE VEITCH

SATURDAY 1ST SEPT 7.30PM
SUNDAY 2ND SEPT 3PM

DOORS OPEN 30 MINS PRIOR TO SHOWTIME
OLD DUNSBOROUGH HALL, GIFFORD ROAD, OLD DUNSBOROUGH
TICKETS \$17 ADULTS \$10 CHILDREN/CONCESSION
FROM WWW.TRYBOOKING.COM/XMLL
OR PHONE COURTNEY 0435 483 401

PRODUCED BY SPECIAL ARRANGEMENT WITH PLAYSRIPTS, INC. (WWW.PLAYSRIPTS.COM)



Anglicare WA
Helping people rise

Topics include:

- Mental health issues/diagnosis
- Mental health & substance use interaction
- De-escalation techniques
- Boundaries – setting boundaries for your safety and health
- Crisis/emergency Management
- Referrals onto local organisations

Calling Community Champions for Mental Health

Do you have friends, family or colleagues suffering poor mental health or struggling with alcohol and substance use?

Anglicare WA is hosting free Community Champions training workshops helping you to expand your knowledge and awareness of mental health, alcohol and drug use.

This free course is designed for people who don't have a background in this area but who might be confronted with these issues in daily life.

Dunsborough Community Champions

Date: Wednesday 29 August 2018
Time: 9:30am-2.45pm
Venue: St George's Community Care Family Centre, Corner Naturaliste Tce & Gibney St, Dunsborough

To register contact Kristi Treadgold

E Kristi.Treadgold@anglicarewa.org.au
T 9263 2041

Anglicare WA acknowledges WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA PHN.



While the Australian Government Department of Health, via WAPHA, has contributed funding to Community Champions, the information contained in this poster does not necessarily reflect the views of the Australian Government or WAPHA and is not advice that it is provided, or information that is endorsed, by the Australian Government or WAPHA. The Australian Government and WAPHA is not responsible in negligence or otherwise for any injury, loss or damage however arising from the use of or reliance on the information provided herein.

FREE EVENT

Tuesday 28 August 10am to noon EAGLE BAY COMMUNITY CENTRE Fearn Rd Eagle Bay.
 Bookings essential ph 0418 956 590 email naturalisteredcross@gmail.com
 concerned adults welcome: Parents, grandparents, relations, friends, teachers.
 To learn more visit: <https://www.esafety.gov.au/education-resources/outreach/community-presentations>

Commit to your child's **online safety**

Free event

Children are exposed to online content in their preschool years. Behaviours like cyberbullying begin at primary school. Peer pressure can cause poor online decisions for many teenagers.

- Hear from the Office of the eSafety Commissioner on empowering young people, parents and carers to manage online issues.
- Commit to your child's online safety by attending this presentation from one of Australia's leading online safety experts.

eSafety is important for every child from ages 1 to 18

Learn how to:

- Reduce accidental exposure to inappropriate content
- Initiate conversations about online stranger danger
- Identify age appropriate apps and websites

1-7



- Deal with online stranger contact
- Have a conversation about online issues including cyberbullying
- Manage apps and privacy settings
- Support your child using online safety resources

8-12



- Report serious cyberbullying and image based abuse
- Manage screen time and excessive use
- Have a conversation with your child about their online brand

13-18



SOUTH WEST COUNSELLING INC.

Children's Anxiety Group

What: Cognitive Behavioural Therapy evidence-based program
 Developed by psychologists
 Facilitated by skilled therapists
 Pre-program assessment
 10 modules for children
 6 modules for parents
 Strategies for children to manage anxiety
 Strategies for parents to support their child with anxiety
 Resource material
 Post-program 'booster' session for children
 Post-program assessment



When: Starts Thursday 20th September 2018
 Children attend for 10 weeks 3.30pm to 4.30pm
 Parents attend for 6 weeks 5.00pm to 6.00pm

Where: The People Place
 19/21 Kent Street
 Busselton

Cost: \$150 plus \$30 for resources per family
 Financial subsidies are available on application

Who: Children 8 to 12 years old with anxiety and their families.
 Doctor, paediatrician, child psychologist, social work, health nurse, self-referrals welcome

Child participants are provided with a copy of Take ACTION Child Handout Workbook, and parents are provided with a copy of the Take ACTION Parent Handout Workbook.

For enquiries or to register your interest please contact
 Kaye or Bev by 10th September 2018
 South West Counselling
 (08)9754 2052 or admin@swcounselling.org.au



Crèche facilities are available from 4.30-6pm
 includes light refreshments and games

