A Prayer of St Francis

Lord,
Help me to live this day
Quietly, easily.

To lean upon Thy great
Strength trustfully, Restfully.

To wait for the unfolding
Of thy will, patiently,
Sincerely.

To meet others peacefully,
Joyously.

To face tomorrow
Confidently, Courageously.

Amen

Dear Parents, Students and Community Members,
We are only two weeks away from our annual Open Day, which is scheduled for Tuesday 15th March from 9.30am to 11.00am. This is an ideal opportunity to showcase the whole range of initiatives and approaches we have in place to promote learning, provide pastoral care and reflect our school and family values.

Although intended to provide potential new members of the community the opportunity to view the school in operation, it is also a great chance for our existing families to experience the learning programme of our school. I’m sure the children would love to see members of their family visiting their school to experience the unique spirit, ethos and values exhibited, as well as the quality learning happening in the classrooms.

I would like to thank our School Board Promotions team for their work in assembling the Coles Boards that will be featured in our local shopping centre over the next two weeks. Please check the display out to see the colourful art work from some of our students.
If existing OLC families are aware of any families who may be interested in joining our community, please encourage them to attend. Even better, bring them along.

**P&F Sundowner**

Last Friday evening the P&F conducted a well attended sundowner at Simmo’s to welcome everyone back for the new school year. On behalf of all at OLC, I thank the P&F Executive and their helpers for organising the evening.

The next important date on the P&F Calendar is the Wish List meeting on Tuesday 15\textsuperscript{th} March. Please come along to become involved in improving our school and providing extra resources for the education and welfare of the students.

Please see the information in the community section of the newsletter regarding the West Australian Newspaper “Win Cash for Your School”. The P&F are also seeking someone to coordinate the Entertainment Book sales. This is a really easy fundraiser with a good return for limited work.

**In Car Pick Up Lane**

The collection lane is working very well now with most families displaying the family name cards to help the staff on duty. If any extra families wish to use this service, or if additional cards are required, please contact Fran so we can supply the necessary cards.

**School Fees**

We have had a very positive response to the payment of school fees in the first few weeks of the year. Fee income is extremely important in a growing school, as we depend on this income to establish everything required for the new year. Receiving fees this early in the year allows the income to be used over the whole year and is very much appreciated.
Faction Swimming Carnival
I attended my first swimming carnival at OLC on Thursday. The carnival was very well attended by families with excellent organisation from Mrs Sinclair. Two aspects of the carnival made a very positive statement about our school. The first was the exceptional behaviour, sporting spirit and participation of all students. Witnessing the students encouraging each other indicated that everyone has a sound understanding of our school values.

The other area was the number of parent helpers who made the day so enjoyable for everyone. Thanks to Mr Hogan for organising all the logistics for the day.

Congratulations to Leeuwin who were narrow winners (4 points) on the day from Geographe. Well done to the sports captains and to all the senior students for your help organising the teams.

The following students excelled on the day:

### Year 4 Boys

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jennings-Hopkins Samson</td>
<td>Geographe</td>
<td>24</td>
</tr>
<tr>
<td>North Otis</td>
<td>Geographe</td>
<td>14</td>
</tr>
</tbody>
</table>

### Year 4 Girls

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currie Sienna</td>
<td>Meelup</td>
<td>20</td>
</tr>
<tr>
<td>Martin Mia</td>
<td>Naturaliste</td>
<td>14</td>
</tr>
</tbody>
</table>

### Year 5 Boys

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sinclair Louis</td>
<td>Leeuwin</td>
<td>16</td>
</tr>
<tr>
<td>Edwards Brody</td>
<td>Meelup</td>
<td>16</td>
</tr>
<tr>
<td>Allison Josh</td>
<td>Meelup</td>
<td>8</td>
</tr>
<tr>
<td>Hunt Lachlan</td>
<td>Naturaliste</td>
<td>8</td>
</tr>
</tbody>
</table>

### Year 5 Girls

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Valmadre Evie</td>
<td>Naturaliste</td>
<td>22</td>
</tr>
<tr>
<td>Verhoeff Tayla</td>
<td>Geographe</td>
<td>16</td>
</tr>
</tbody>
</table>

### Year 6 Boys

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rolfe Jeremy</td>
<td>Leeuwin</td>
<td>18</td>
</tr>
<tr>
<td>Codalonga Evan</td>
<td>Geographe</td>
<td>14</td>
</tr>
</tbody>
</table>

### Year 6 Girls

<table>
<thead>
<tr>
<th>Name</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campbell Evie</td>
<td>Naturaliste</td>
<td>20</td>
</tr>
<tr>
<td>Ness Alix</td>
<td>Geographe</td>
<td>18</td>
</tr>
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</table>

Interschool Swimming Carnival
Advance notice for parents that the Interschool Carnival will be held at the South West Sports Centre in Bunbury on Wednesday 23rd March from 10am – 1.00pm. More information will follow closer to the date.
OLC Community Outreach

The pastoral outreach to those in need via our freezer in the wet area of the senior block is an example of our school values extending into the community. Jodie Spencer and Prue Monotti are busy setting this up for the year with the help of the class reps and all members of our community.

As a further support in this area, the Pastoral Care Committee will place a box on top of the freezer where parents can donate dry non-perishable goods such as pasta, tinned/jar foods, biscuits, etc. This will allow those who might be too busy to cook for this outreach to donate in a different way.

OLC Catholic Community Corner

Project Compassion

At last week’s Prayer Assembly our Year 5 class reflected on Caritas Australia’s annual Lenten fundraising and awareness-raising appeal, Project Compassion. Currently Caritas is urgently seeking finds to help those in Fiji affected by Tropical Cyclone Winston. As a church community, all of us here play a key role in reaching out to the most vulnerable communities. Winston has left behind extensive damage to homes, public offices, businesses, trees, crops, roads, electricity lines, telephones and bridges. Most of the villages along its path are completely destroyed with sea walls washed away. The most immediate needs are tarpaulins, blankets, food, farming equipment and seedlings for vegetables.
One of the ways we can make **Lent** meaningful is to make sacrifices to give to others in need. OLC families are encouraged to donate to Project Compassion during Lent by making a contribution to the collection boxes located in classrooms and offices around the school. A sacrifice like giving up a weekly treat (like treats or ice cream) and instead donating the money to this cause helps students to make Lent meaningful, and develops compassion and empathy for others. Please be generous and support **Project Compassion** to help those in need.

**Family Mass Invite**
Saturday 19th March 2016 (Palm Sunday Weekend) will be the first of our **Family Masses** hosted by a different class, commencing fittingly with the new leaders of our school – Year 6 students. The year 6’s will participate by way of reading, prayers of the faithful, collection, offertory and choir/music. We warmly invite all families who would like to attend and celebrate Mass and our children’s involvement in the liturgy with a reverent yet upbeat selection of hymns. Everyone is invited to share pizza at the church with us after Mass. For any queries please call Eloise Jennings 0418 933 130.

**Altar Server Roster**
A new altar server roster has been distributed to those children who have volunteered in Year 5 and Year Six. If you are unable to attend on your rostered date, please arrange a swap with someone else on the list. Many thanks to those students (and their parents) who have volunteered to contribute to our Parish community.

This week’s altar servers:
**Saturday March 6, 6.00pm**: Sofia Prestipino & Eva Davies
**Sunday March 7, 8.00am**: Meg & Polly Higgins

Mrs Amie Meyer, OLC Religious Education Coordinator.

**Curriculum and Learning Focus and Innovations**

**Assessment and Data Collection**

Over the past week and during the following weeks the OLC teachers will be very busy with their student learning data collection and assessments- all aimed at determining interventions and enrichment opportunities.

The Year 1 Teachers have spent most of this week completing Observational Survey assessments with all their students. This Literacy assessments assists in determining and confirming reading levels, through reading sounds, letter identification, concepts of print, word reading, writing vocabulary, hearing and recording sounds in words as well as looking at writing samples. Year 2 and 3 teachers are also completing some Observational Survey assessments this week.

Next week we will begin a new format in assessments with Pre-Primary students. The Early Years On-Entry Assessment Program, Online Interview for Literacy and Numeracy, replaces the previous PIPS testing in Pre Primary. This will require our PP teachers to be out of the class over 2 days. This will cause little disruption to the regular daily learning.

As we come closer to NAPLAN in Term 2, the Year 3 and 5 teachers are using this time to not only prepare the students, but more importantly use the data from this preparation to gain further insights into areas for learning support and extension required for all students. This can be a very
rich process for the Year 3 and 5 teachers that informs their teaching for the remainder of the year.

Last year we revised the OLC Assessment Schedule for all classes throughout each term. This is ongoing for all teachers. This type of effective assessment greatly assists our ability to gain clarity about what students need to learn and how to plan for growth in student learning.

“One year of student growth, for one year of teacher input”
– Professor John Hattie

Adrian Torrese
Assistant Principal

Kind Regards and God bless,

Des Wilkie
Principal

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Happy Birthday! – Wishing you a very happy Birthday!

Charli Lamanna    Moreton Harslett    Timothy Dwyer
Evelyn Reilly     James Reilly       Oscar Todd
Lyla Craike       Lily-Eve Blechynden Cielo Howard

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MERIT AWARD WINNERS

Congratulations to the following students for receiving a Merit Certificate

Louie Hodge       -    Green Room (PPL)
Lyla Craike       -    Green Room (PPB)
Dior Blackburn, Madi Rogan, Jacob Gray & Shaye Taylor - Orange Room (Y1P)
Laura Jensen, Aushin Morland, Cooper Bales & Pavel Scaddon - Orange Room (Y1L)
Kobe Jennings, Eedi Hodgkin, Leo Dolissoon & Zahra Love - Blue Room
Jay Peterson & Tao Brice - Red Room
Ella Delane & Cuba Paterson - Yellow Room
Ruby Demarchi, Josh Allison, Skye Gendall, Evie Valmadre - Purple Room
Zac Beers, Saskia De Jong, Lil O’Connor, Jude Bowler-Wright - Silver Room
Molly Greaves & Ruby Demarchi - Sport
SAVE THE DATE! – 20 YR Celebrations

Friday the 1st of April 2016
10.00am: Mass in the OLC School Hall
11.00am: Celebration Morning Tea in the Undercover Area
11.45am: Open Classrooms
6.00-8.30pm: Family Bush Dance with Live Band on the School Oval

Easter Egg Raffle
For our Mission fundraising item this Term, we will be conducting an Easter egg raffle which will be drawn on Thursday, March 24. I ask that every family please provide/supply the school with an Easter egg or eggs that we can raffle. (Also if you have a spare small basket to pack prizes in we would appreciate them as well). The more eggs we receive, the more prizes we will have to give away. Please send in eggs to your classroom teacher by Monday, March 18. Thank you for your support.

News from the P&F

Caltex, The West Australian and Channel Seven are giving West Australian Schools the chance to WIN a share of $20,000 to help buy the things you need that make learning just that more fun!

Our Lady of the Cape has registered, so on the weekends of March 5 - 6, 12 - 13 and 19 - 20 an entry coupon will appear in The Weekend West. To be in the running to WIN, collect as many entry coupons as possible through your friends and family, and drop them off at the school office.

ALL COUPONS MUST BE IN BY 25th March. GOT TO BE IN IT, TO WIN IT.

ENTERTAINMENT BOOK SALES
VOLUNTEER NEEDED - Anyone interested in handling the sale of the Entertainment Books this year. It is a very simple process. You get a free book yourself for your troubles. Everything pretty much done for you. There is one day (about 21st May) where you help distribute the books to the classes; then the following week you just tick them off as they get returned back to the office. Please email tverhoef@bigpond.net.au if you are interested.
The fete committee are looking for anyone who is willing to take on the entertainment/music co-ordinator role for the fete this year. If you are interested or would like to find out some more information please email Lauren or Jordy- lbdies@hotmail.com or pjrock@bigpond.com.

CLASS REPS – Thursday 10th March 9am
The Pastoral Care Reps, Jodie Spencer and Pure Monotti, would like to invite the class reps for a quick “cuppa catch up” at 9am on Thursday 10th March in the undercover area near the canteen. We will run through the role of pastoral care and show the location of the freezer. Thanks!

T- TOWELS AND APRONS
Hi all, there are still a few t-towels and Aprons left over from last year. If you missed out last year and would like to purchase one, please call in at the office. T- towels are $12 and Aprons are $8.

CANTEEN ROSTER:

<table>
<thead>
<tr>
<th>Week 6</th>
<th>Tues 8th March</th>
<th>Caroline Moylan</th>
<th>Deb Brice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Thurs 10th March</td>
<td>Diana Gianoncelli</td>
<td>Kristy Darlington</td>
</tr>
<tr>
<td>Week 7</td>
<td>Tues 15th March</td>
<td>Cheryl Stone</td>
<td>Roman &amp; Nadine Love</td>
</tr>
<tr>
<td></td>
<td>Thurs 17th March</td>
<td>Chantal Baxter</td>
<td>Amanda Prestipino</td>
</tr>
<tr>
<td>Week 8</td>
<td>Tues 22nd March</td>
<td>Sue-Ellen Phillips</td>
<td>Vanessa Foy</td>
</tr>
<tr>
<td></td>
<td>Thurs 24th March</td>
<td>Nikola Hewson</td>
<td>Kirsty Dollisson</td>
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</tbody>
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Social skills for children
By Michael Grose

School brings different types of learning, including social interactions and how to make friends. Parents can lay the foundations at home by teaching their kids these 7 important social skills.

Children who are able to form friendships when they start school are happier at school and also learn better.

More significantly, positive friendships have long-term implications for social and indirectly academic success.

Friendships skills are generally developmental, but they don’t develop in isolation. Kids acquire these skills when they play with their siblings and interact with children and adults outside their family.

Today’s children grow up with fewer siblings, fewer opportunities for unstructured play and less freedom to explore friendships than children of even ten years ago.

Parents can help kids develop important social competencies by teaching them sociable behaviours at home, being good role models and providing opportunities for kids to play with each other in a variety of situations.
Here are 7 important social skills to help children to develop:

1. Ask for what you want
Help children ask for what they want. It means they don’t throw tantrums, whinge, and sulk or expect parents to guess what’s on their minds. While we need to be patient with toddlers, we need also to give older children the chance and opportunity to ask for what they want. Sometimes we need to ignore shrugs and grunts and expect them to articulate their wishes. This is the basis of civil behaviour, as well as a basic human skill.

2. Good manners
Teach kids good manners, in particular the three ‘power words’. These words are very persuasive because they have a way of breaking down barriers and people’s defences. These three words are: your name; please; thanks. These terms are the basis of good manners, and, when used, will increase the likelihood of getting what you want.

3. Sharing
Sharing is a basic social skill. Developmentally, very young children like to keep their possessions themselves. As they get older and move into Pre School and beyond the notion of sharing becomes a pre-requisite for playing with and forming relationships with others. Other children like to play and be with those who share their time, possessions and space with them. Sharing is the start of empathy as it shows sensitivity to other people’s feelings.

4. Holding a conversation
Holding conversations with others is a lifetime friendship skill. Conversations require self-disclosure, which can be challenging for some children. Good conversationalists give of themselves, but also take an interest in the person they are talking to. Many children forget that good conversations are two-way events, and tend to focus solely on themselves.

Children within conversations need to learn to ask good or interesting questions; to take turns when speaking and to show you are listening by making eye contact and not interrupting.

5. Winning and losing well
Kids need to learn to win without rubbing others noses in it, and lose gracefully without throwing tantrums and making excuses. Wanting to win is natural, but they need to do so in a way that they maintain a relationship with other players so they will play again. Losing may make kids feel bad, but kids need to control their negative feelings so that others will play with them again.

6. Approaching and joining a group
The ability to approach strangers in social situations is valuable skill that opens up many doors, both friendship-wise and business-wise. These skills can be learned and practised during childhood, so that it becomes second nature in adulthood.

7. Handling fights and disagreements
Disagreements happen in families and among friends. The key is to make sure disagreements don’t lead to the breakdown of friendships. It’s important to get across to kids that having an argument or disagreement doesn’t mean that a friendship is over. Strong friendships, like strong family relationships, withstand disagreements. In fact, they only serve to strengthen friendships.

The results of a number of studies indicate that children can be taught friendships skills. The strategies are simple and revolve around teaching children a range of friendly behaviours such as: talking with others while playing, showing an interest in others, smiling, offering help and encouragement when needed, a willingness to share and learning how to enter a game or social situation.
As parents we often focus on the development of children’s academic skills and quite easily neglect the development of important social skills, which contribute so much to children’s happiness and wellbeing.
DUNSBOROUGH JUNIOR SOCCER CLUB
REGISTRATIONS are now open for the 2016 Soccer Season. Both boys and girls aged from 5 years to 17 years are entitled to join.
For online registrations go to myfootballclub.com.au. Registration Day is Tuesday 8th March at 3.30pm to 5pm. (On-line registrations close Wednesday 16th March).
This day is designed to help new members and for payment of fees by either cash or cheque (credit card payments can be made during your on-line registration).

There is a new uniform this year, so the purchase of shorts & socks will also be possible on the Registration Day.

Any queries please contact dunsboroughjuniorsoccerclub@gmail.com or go to our website www.dunsboroughjsc.com.

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Community Health & Nutrition Workshops in Dunsborough (Private Health Rebates Apply)
Exploring “Child Nutrition” with Weston A Price; 4 Week FREE Live Event, Dunsborough Community Centre, from March 8th, 7.30pm. You will learn:
• What our children actually need to grow to their potential physically
• How to develop robust health and immune resilience through nutrition
• Exactly which modern foods drive disease
• The LATEST information on this topic through a LIVE interview with Sally Fallon, president of the Weston A Price (NFP) Foundation and author of the best selling “Nourishing Foundation”
• How to structure a plan for optimal health in your home

“The Happy Kid’s Toolbox”; empowered kids for lifelong health, happiness & success! March 12th, 9-1pm, Dunsborough Community Centre. Snacks and a comprehensive take home manual for support provided. You will learn:
• How to empower your children with proven tools for living a long, healthy and happy life that can be modified to suit all ages
• How to develop rock-solid self esteem and the consequences of low esteem for their future happiness and society
• The best mindfulness strategies for kids
• The key to achieving potential in life and uncovering blocks to happiness
• The foundations of personal responsibility and creating relationships

“Healing Nutrition” Workshop: the “right” nutrition to support optimal physical and emotional outcomes for chronic, ongoing and repetitive health issues. Tastings and a comprehensive take home manual provided. You will learn:
• How to uncover the root cause of health issues, this is vital to healing potential and in many cases can resolve chronic health issues
• How to implement a plan toward recovery
• Which nutrition approach is best to address your unique situation
• Supportive strategies to improve health outcomes
• Delicious recipes that support the very best of health

BOOKINGS ESSENTIAL. Direct online bookings through www.realhealthykids.com/workshops. Contact Sally Gray ND on 0433 542 189 or email: info@realhealthykids.com to discuss or book your seat.
Hello my name is Jaspar Watts and I am a year 6 student at Dunsborough Primary School. For over 12 months now I have been growing my hair with the intention of shaving it as part of The Leukaemia Foundation’s Worlds Greatest Shave. I’m not really sure what inspired me to take part, but I just wanted to do something nice for those people suffering and to try to raise awareness. Please check out my page via the worlds greatest shave website www.worldsgreatestshave.com click on the sponsor button and search my name Jaspar Watts. Please take a moment to read my bio and if you are able to please consider making a donation.

Thank you