Dear Parents

Beginning today…I will no longer worry about yesterday. It is in the past and the past will never change. Only I can change by choosing to do so.

Beginning today…I will no longer worry about tomorrow. Tomorrow will always be there, waiting for me to make the most of it. But I cannot make the most of tomorrow without first making the most of today.

Beginning today…I will look in the mirror and I will see a person worthy of my respect and admiration. This capable person looking back at me is someone I enjoy spending time with and someone I would like to get to know better.

Beginning today…I will cherish each moment of my life. I value this gift bestowed upon me in this world and I will unselfishly share this gift with others. I will use this gift to enhance the lives of others.

Beginning today…I will take a moment to step off the beaten path and to revel in the mysteries I encounter. I will face challenges with courage and determination. I will overcome what barriers there may be which hinder my quest for growth and self-improvement.

Beginning today…I will take life one day at a time, one step at a time. Discouragement will not be allowed to taint my positive self-image, my desire to succeed or my capacity to love.

Beginning today…I walk with renewed faith in human kindness. Regardless of what has gone before, I believe there is hope for a brighter and better future.

Beginning today…I will open my mind and my heart. I will welcome new experiences. I will meet new people. I will not expect perfection from myself nor anyone else: perfection does not exist in an imperfect world. But I will applaud the attempt to overcome human foibles.

Beginning today…I am responsible for my own happiness and I will do things that make me happy . . . admire the beautiful wonders of nature, listen to my favourite music, pet a kitten or a puppy, soak in a bubble bath . . . pleasure can be found in the most simple of gestures.

Beginning today…I will learn something new; I will try something different; I will savour all the various flavours life has to offer. I will change what I can and the rest I will let go. I will strive to become the best me I can possibly be.

Beginning today... and every day.

School Liturgy
Thursday May 28, we will be celebrating a school liturgy (as Fr Ian is away) at 9.00am in the hall. All families are welcome to join us for this celebration.
National Sorry Day - May 26. A Sorry Day Prayer
Almighty and loving God, you who created ALL people in your image, Lead us to seek your compassion as we listen to the stories of our past. You gave your only Son, Jesus, who died and rose again so that sins will be forgiven. We place before you the pain and anguish of dispossession of land, language, lore, culture and family kinship that Aboriginal and Torres Strait Islander peoples have experienced. We live in faith that all people will rise from the depths of despair and hopelessness. Aboriginal and Torres Strait Islander families have endured the pain and loss of loved ones, through the separation of children from their families. We are sorry and ask God's forgiveness. Touch the hearts of the broken, homeless and inflicted and heal their spirits. In your mercy and compassion walk with us as we continue our journey of healing to create a future that is just and equitable. Lord, you are our hope. Amen.

Thank You
Again a BIG THANK YOU to Matt Dollisson for fixing our basketball hoops. Thanks Matt for all your time and efforts for OLC.

Interschool Winter Carnival
On Thursday June 4 the students in Years 6 & 7 will be travelling to Bunbury to compete in the South West Primary Sports Association Interschool Winter Carnival. The students will be competing in Soccer, Football, Hockey and Netball. Thank you to all the parents who are assisting with a coaching position for the teams.

Reports
The Semester One reports will be sent home Friday July 3. Please do not ask the classroom teachers for reports prior to this date as they are unable to distribute reports before this time. Any reports not collected will be posted out during the holidays.

Carpark
Please be very careful when entering, parking and leaving the bottom carpark of the school. There have been a few concerns raised about care and safety in this carpark. Please be patient and LOOK for students and other cars.

Applications for enrolment for current Year Five students to attend St Mary MacKillop College in 2017 are now being processed and interviews have begun. Application forms are available on the College website www.mackillop.wa.edu.au or can be obtained from Mrs Judy Kirkham at the College on 97527502. Please note applications will be closing Friday 28th August 2015.

Have a great week.

Cheers

Alan Morrison
Principal
Please see attached to this newsletter Parenting Ideas by Michael Grose – Step Closer and How to be An Emotionally Intelligent Parent.

Canteen
The Roster has now been loaded on to our website http://web.ladyofcape.wa.edu.au under quick links.
Please check the roster for the dates you have been allocated. We still require more Volunteers for Term 2 – please contact Fflur if you are willing to help on 0409 104 409.

Please note canteen will be held next Friday 29th and not next Thursday.

<table>
<thead>
<tr>
<th>Week 6</th>
<th>Tues 26th May</th>
<th>Tracey Barnard</th>
<th>Michelle Kerr</th>
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<tr>
<td>Fri 29th May</td>
<td>Bernie Morrison</td>
<td>Louise De Chiera</td>
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<td>Week 7</td>
<td>Tues 2nd June</td>
<td>Michelle Hughes</td>
<td>Kate Maslin</td>
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<td>Thurs 4th June</td>
<td>Lara Currie</td>
<td>Tash Stewart</td>
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<td>Week 8</td>
<td>Tues 9th June</td>
<td>Georgie Valmadre</td>
<td>Anna Sidebotham</td>
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<td>Thurs 11th June</td>
<td>Belinda Gilbert</td>
<td>Volunteer Needed</td>
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<tr>
<td>Week 9</td>
<td>Tues 16th June</td>
<td>Shantell McClenaughan</td>
<td>Volunteer Needed</td>
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<td>Thurs 18th June</td>
<td>Deb Brice</td>
<td>Lucy McKay</td>
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<td>Week 10</td>
<td>Tues 24th June</td>
<td>Ruth Antonio</td>
<td>Jackie Felton</td>
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<td></td>
<td>Thurs 26th June</td>
<td>Belinda Gilbert</td>
<td>Volunteer Needed</td>
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<td>Week 11</td>
<td>Tues 30th June</td>
<td>Volunteer Needed</td>
<td>Volunteer Needed</td>
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<td>Thurs 2nd July</td>
<td>Sue Ellen Phillips</td>
<td>Volunteer Needed</td>
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OLC Participants – SUNDAY 7TH JUNE

Please wear sports uniform proudly. Anyone who doesn’t want to run but would like to be part of the event are asked to register as volunteers. Volunteers are encouraged to wear OLC colours if possible. Bendigo Bank is presenting a Barry House Award for school participation of parents, students and volunteers. ($200)

Nominations close Friday 5th June and there will be NO RACE DAY NOMINATIONS.
Pastoral Care News

> On behalf of the Pastoral Care team we would like to say a huge Thank you to Alicia Higgins, Caroline Rolfe, Anne Hall, Ann-Sophie Saint and the rest of the Year 5 Parents for such a fabulous cook up last week. We really appreciate the huge effort you went to in order to replenish our Pastoral Care Freezer. I’m sure your amazing cooking will be greatly appreciated by Our Lady of the Cape families.

> Many thanks,

> Jodie Spencer and Amanda Prestipino

SCHOOL DISCO – Friday 19th June 2015………………..Details to be released closer to the date.

FAMILY CAMP (16, 17 & 18 October 2015)
Be quick – there are very few places left. Get your form into the office ASAP for a chance to enjoy time with your fellow OLC families!

COMMUNITY NEWS

TAKE HOME A BIG BROTHER OR BIG SISTER
Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2015 for their 3, 5 or 10 month programs. Our international students from France, Germany, Italy, Spain, Switzerland, Sweden, Norway, Denmark, and Finland will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaustraliainfo@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

With the Parents and Friends Federation of WA AGM / Mini-Conference fast approaching on Wednesday 27th May, we would like to take the opportunity to remind parents in schools that are affiliated with PFPWA that you are eligible to nominate for the Federation Council.

PFPWA Council are keen to recruit two to three new council members this year and are particularly interested in hearing from parents with experience in the following areas:

- Past school pathways
- Vocational education & training (VET)
- Accounting
- Students with Disabilities

However as always we are keen to hear from committed and enthusiastic parents who have skills or experience that may contribute to the ongoing work of the Federation.

To find out more about this opportunity please email execcf@pfwa.edu.au or call the office on 9273 5905 for an information pack or a chat.

Fundraiser for Steiner

Heart of the 80s - Edge of the 90s
Dance Night
Best dressed prize
Prizes to be won
DANCE OFFS
$20 ticket includes supper

Wanna perform?
Call Tracy on 0487525333

Old Dunsborough Hall
Gibney Street
13th June
7pm to 12 Midnight

HeartKids WA helps fund research and support families who have children with congenital heart disease.

HeartKids WA Presents
Wisehearts Charity Lunch
Eagle Bay Road, Eagle Bay
Silent auction, door prizes and raffle on the day!
Tickets: $100
Includes three courses à la carte meal and drinks.
Purchase Tickets through http://www.trybooking.com/124107.

FREE
Jazz by the Bay
Cushion Concert
SunSmart on the Green
9.30am - 11.00am
Lions Park, Dunsborough

J4A
Jazz, Soul & Funk

J4A, or Jazz For All, incorporating the Ellington for Kids cushion concerts, is a series of fun, family based jazz concerts for people of all ages.

West Australian jazz singer Libby Hammer, along with four leading musicians from the Perth jazz scene, gives a delightful and educational introduction to the world of jazz in a fun and interactive setting. As well as plenty of opportunities to join in with the actions, movement and songs, kids will be invited to get up close and personal with the instruments of the band, and even to play more produced by music education expert Vejay Vyas. The kids' cushion concerts are tailored at an age range of around 4 to 7 years old but children of all ages are welcome to enjoy this event.

FREE
MUSIC WORKSHOP with Marilyn Keller

30 May’15
10.45am - 12pm
Old Dunsborough Hall,
44 Gifford Road, Dunsborough

International performer Marilyn Keller is a 27 year veteran of music and stage performance with a voice that is beyond category.

Marilyn’s workshop “Sing For Your Life” - From warm-up exercises, move to performance technique and sustaining and protecting the voice during performance. Marilyn will cover how to build repertoire, mic technique and musical direction, pitch tone control, stylization and listening attitude.

Limited seating available
For more details and to register go to www.jazzbythebay.com.au
General Dunsborough Swimming Lessons Information
Lessons will run Monday to Friday during school terms and between the hours of 10am and 1pm. Lessons run for half an hour. Price is flat $20 per lesson, no pool entry or spectator fees. Parent in the water, no crèche.
Taking bookings now for Term 3, starting week beginning 20th July. One or two lessons may be booked per week. Limited places. Emphasis on confidence & survival skills in addition to strokes continuum + developing a love of the aquatic environment.
Please confirm your preferred days of attendance, names and ages/stages of children to attend and I will try my very best to accommodate this.

Jess Driscoll
Mobile: 0427 993 125
Email: ddl@westnet.com.au